Long Term Care Covid-19 Commission Mtg.

Meeting with the Commissioners and Franco Ontarian Organisations on Thursday, December 17, 2020



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| 7 | MEETING OF THE LONG-TERM CARE COVID-19 COMMISSION |
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| 14 | Held via Zoom Videoconferencing, with all |
| 15 | participants attending remotely, on the 17th day of |
| 16 | December, 2020, 9:00 a.m. to 11:00 a.m. |
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| 1 | BEFORE: |
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| 3 | The Honourable Frank N. Marrocco, Lead Commissioner |
| 4 | Angela Coke, Commissioner |
| 5 | Dr. Jack Kitts, Commissioner |
| 6 | |
| 7 | PRESENTERS: |
| 8 | |
| 9 | FRANCO-ONTARIAN ORGANIZATIONS: |
| 10 | Carol Jolin, President, L'Assemblée de la |
| 11 | francophonie de l'Ontario (AFO) |
| 12 | Bryan Michaud, Political Analyst, L'Assemblée de la |
| 13 | francophonie de l'Ontario (AFO) |
| 14 | Jean-Guy Fréchette, Partner, Solstice Affaires |
| 15 | publiques |
| 16 | Gilles Fontaine, Managing Director, Fédération des |
| 17 | aînés et des retraités francophones de l'Ontario |
| 18 | (FARFO) |
| 19 | Estelle Duchon, Executive Director, Entité 4 |
| 20 | Barbara Ceccarelli, Managing Director, Centre |
| 21 | d'accueil Heritage |
| 22 | Joëlle Lacroix, Administrator, Foyer des pionniers |
| 23 | de Hearst |
| 24 | Kim Morris, Faculty of Science, Collège Boréal |
| 25 | Guy Chartrand, PDG, Bruyére Soins continus |

| 1 | Melissa Donskov, Vice President, Bruyére Soins |
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| 2 | continus |
| 3 | |
| 4 | PARTICIPANTS: |
| 5 | |
| 6 | Alison Drummond, Assistant Deputy Minister, |
| 7 | Long-Term Care Commission Secretariat |
| 8 | Ida Bianchi, Counsel, Long-Term Care Commission |
| 9 | Secretariat |
| 10 | Kate McGrann, Counsel, Long-Term Care Commission |
| 11 | Secretariat |
| 12 | John Callaghan, Counsel, Long-Term Care Commission |
| 13 | Secretariat |
| 14 | Lynn Mahoney, Counsel, Long-Term Care Commission |
| 15 | Secretariat |
| 16 | Derek Lett, Policy Director, Long-Term Care |
| 17 | Commission Secretariat |
| 18 | Dawn Palin Rokosh, Director, Operations, Long-Term |
| 19 | Care Commission Secretariat |
| 20 | Adriana Diaz Choconta, Senior Policy Analyst, |
| 21 | Long-Term Care Commission Secretariat |
| 22 | |
| 23 | ALSO PRESENT: |
| 24 | Deana Santedicola, Stenographer/Transcriptionist |
| 25 | Louise Cote, French/English Interpreter |

| 1 | Nathalie | Hanako | Tan, | French/English | Interpreter |
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1 -- Upon commencing at 9:00 a.m. 2 3 COMMISSIONER FRANK MARROCCO (CHAIR): 4 Well, good morning, everyone. Thank 5 you for coming. I am Frank Marrocco. I don't know 6 if you have met the other Commissioners. 7 Commissioner Angela Coke is there and Commissioner 8 Dr. Jack Kitts. 9 We are the Commission, as I suspect you 10 know. 11 We have a court reporter with us. We 12 create a -- we post on our website a transcript of 13 these proceedings so that people can follow along 14 with what we are doing. 15 We tend to ask questions, if it is all 16 right. I don't know who is leading the 17 presentation, but we tend to ask questions as we go 18 along, if that is okay, rather than trying to go 19 back and remind people what they said. 20 Beyond that, we are at your disposal. 21 We are ready to proceed when you are. 22 So who is "Juge en chef"? 23 CAROL JOLIN: The "juge en chef" is 24 Bryan perhaps. 25 COMMISSIONER FRANK MARROCCO (CHAIR):

1 Okay. Thank you. Mr. Michaud, go 2 ahead. 3 Is the interpretation BRYAN MICHAUD: 4 working now? Great. Thank you. 5 Thank you very much. Thank you, 6 Commissioners. 7 I will be very brief. We will start 8 with a short presentation to set the table, with 9 Carol Jolin, President of AFO, and Gilles Fontaine, 10 the Executive Director of FARFO, the organization 11 representing seniors. 12 So we'll start with words of welcome, 13 and then we will get into the meat of things with 14 our partners. We have several partners in various 15 fields of long-term care who are French-speaking 16 and bilingual, so you'll see the issues for 17 Francophone communities in the different sectors 18 related to long-term care. 19 I will now stop speaking and give the 20 floor over to Carol Jolin, our President, who is 21 starting her third term as a full President. 22 Carol, you have the floor. 23 CAROL JOLIN: Thank you, Bryan. 24 Good day, everyone. Just perhaps to 25 tell you how things will unfold. Bryan talked

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| 1 | about our welcome words, and then we will talk |
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| 2 | about the benefits of planning French-language |
| 3 | services. We will talk about the impact of the |
| 4 | no-visit policy. We will talk about the lived |
| 5 | experience by the various sectors, lived experience |
| 6 | of the pandemic, and then we will talk about |
| 7 | solutions that we would like to suggest to you. |
| 8 | So first here I would like to thank the |
| 9 | Commission for this meeting with French-speaking |
| 10 | organizations and institutions. AFO as a political |
| 11 | spokesperson and as an organization group, together |
| 12 | with Ontarian Francophones, is well placed to |
| 13 | provide a link in terms of organizing this event |
| 14 | with the Commission and our leaders in long-term |
| 15 | care. |
| 16 | We were asked for a Francophone lens, |
| 17 | and this meeting is our opportunity to share that |
| 18 | with you. |
| 19 | Over and above the submissions you have |
| 20 | received from Francophones, we hope that the |
| 21 | presentation will help you apply a Francophone lens |
| 22 | to your activities. |
| 23 | So we have invited leaders from the |
| 24 | following sectors. The participating groups, |
| 1 | |

²⁵ operators of long-term care, operators in the

1 second-to-last step before arriving in long-term 2 care, supporting Francophones in French-language 3 services, including long-term care, and training. 4 So we have with us a number of people. 5 I have introduced myself. We have Gilles Fontaine, б Director General of the Retired Franco-Ontarians 7 Association. 8 We have entities of French-language 9 planning services, operators of long-term care, Guy 10 Chartrand, CEO of ongoing care at Bruyére, and 11 Joëlle Lacroix, Director General of the Foyer des 12 pionniers in Hearst. 13 For health services and community 14 support services, Barbara Ceccarelli, Director 15 General of the Heritage Centres, and finally for 16 training, Kim Morris, Dean of the Faculty of Health 17 at Collège Boréal. 18 Long-term care are a question of safety 19 and quality of care. Several elements that were 20 problematic before COVID were exacerbated and 21 created difficulties for residents and Francophone 22 families. Our guests will speak to that further 23 later. 24 But I would like to insist on this 25 There is a loss of capacity to speak a point.

| 1 | second language as one ages. People suffering from |
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| 2 | dementia and other degenerative diseases find it |
| 3 | difficult, and not to be able to communicate |
| 4 | creates unimaginable stress. |
| 5 | According to the French language |
| 6 | commissioner in Ontario from 2018, more than half |
| 7 | of the patients in long-term care institutions have |
| 8 | dementia. The number of Francophones with |
| 9 | neurodegenerative diseases in Southern Ontario has |
| 10 | increased by 32 percent in Ontario, thereby |
| 11 | increasing the demand for specialized services. |
| 12 | A message that I would like the |
| 13 | Commission to hear and that will be validated by |
| 14 | the Francophone leaders you will hear in terms of |
| 15 | linguistic variable is that the problems caused by |
| 16 | the pandemic for Francophones have to do with |
| 17 | challenges that already existed before COVID. |
| 18 | Without further ado, I would like to |
| 19 | give the floor to Gilles Fontaine for the welcome |
| 20 | words from FARFO. Gilles. |
| 21 | GILLES FONTAINE: Yes. Thank you very |
| 22 | much, Carol. Thank you to the Commission, to the |
| 23 | Commissioners, for your invitation. |
| 24 | I just want to briefly talk about our |
| 25 | organization. We are the spokesperson organization |

| 1 | for people 50 years and more, and we represent |
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| 2 | about 240,000 Francophones, 165 of whom are aged 65 |
| 3 | and more, so a very diversified population, at |
| 4 | risk, especially the 65 years and more, which is |
| 5 | poorer and less educated than the average |
| 6 | population. |
| 7 | It is a population that is resilient |
| 8 | and that has been here in Ontario since before |
| 9 | Confederation. |
| 10 | Our role as FARFO is to inform our |
| 11 | community by all available means, to develop |
| 12 | solutions with our community partners, and to |
| 13 | propose solutions to the government based on needs. |
| 14 | We would like to emphasize the |
| 15 | importance of family assistance, family caregivers, |
| 16 | which is extremely important, and several comments |
| 17 | that we received from these families. I'll get |
| 18 | back to that at the end. |
| 19 | The White Paper is a document that we |
| 20 | developed with AFO, and it is a research that |
| 21 | assesses the needs of Francophone seniors or aging |
| 22 | Francophones. In September 2019, we published that |
| 23 | document on aging, and we shared that document at |
| 24 | the request of the Commission, so you have received |
| 25 | it. |
| | |

1 As Carol mentioned, several problems 2 which existed before the pandemic had a stronger 3 impact during the pandemic. Here are a few numbers 4 indicating the situation at the outset of the 5 pandemic. 6 Twelve long-term centres are designated 7 under the Act. There are about 27,000 Francophones 8 in the Greater Toronto Area, but they can only 9 access 37 long-term care beds. So in 2018, 10 municipalities identified one bed for 3,400 11 Francophones compared to the average, which is one 12 bed for 170 Ontarians. 13 During the pandemic, as before, the 14 great majority of Francophone residents were in an 15 English-speaking environment. 16 So let's go into more detail on the 17 impact for families when we'll have meetings with 18 Francophone families very soon. That discussion 19 will allow us to elaborate, but we would like to 20 set the table now to illustrate the challenges of 21 families who communicated with us. 22 There is a feeling of isolation that 23 get exacerbated for Francophones especially when 24 people are in residence in a long-term care 25 institution and their family members can no longer

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1 visit them. Largely, it was their only way to 2 communicate in French, through their family 3 caregiver, through their family member. So if the 4 person can no longer visit them, the senior is 5 isolated and can no longer speak French to anyone. 6 Families are informed and several 7 families have communicated with us and have 8 indicated that they have seen a deterioration of 9 the physical health and mental health of their 10 family members because they could no longer visit 11 them. They could see that their family members 12 were really depressed, and it had a big impact on 13 their health.

¹⁴ So the fact that they no longer get the ¹⁵ support of their families had an impact, and it is ¹⁶ something that will remain. It will not improve. ¹⁷ Even when the family members can go back and visit ¹⁸ them, they lost months and years actually.

So there is a great sadness with family
 caregivers because they could not be with their
 family members in these difficult times. They
 could not hold their hand sometimes at the end of
 their life. Thank you.

²⁴ ESTELLE DUCHON: Good morning. Estelle
 ²⁵ Duchon. Thank you for having us.

1 I would like to go into more details, 2 but before talking about the impact of COVID-19 on 3 Francophones, I would like to take a few moments to 4 talk about the importance of language in health 5 services and long-term services more specifically. 6 The first thing we can't forget is, in 7 terms of long-term care, care is important, but 8 first and foremost, the residence becomes one's 9 For a Francophone or any individual, it home. 10 becomes the environment in which that individual 11 evolves. 12 Think about the shock for someone to go 13 from an environment that is a hundred percent 14 Francophone and going into an institution or 15 residence where everything becomes English 16 speaking, where your interactions with staff occur 17 in English, interactions with other residents are 18 in English, and you lose your Francophone 19 environment completely. 20 So it is in that context that we would 21 like to think about the importance of Francophone 22 long-term care and the importance for Francophone 23 to be in an environment where he or she can be understood and can live in French. The facility 24 25 becomes the person's home.

Beyond that, let's think of all of the impacts not to be able to communicate in one's language about health care. Several studies have been made to show the impact of language, and we know that the problem of lack of communication will have a huge impact, for instance, on the capacity to undergo treatment on the feeling of isolation.

8 But once again, these individuals in 9 long-term care can no longer communicate as well as 10 before with people around them and feel very 11 isolated, or if they can't simply interact in their 12 own language and culture, they feel isolated. It 13 has an impact on mental health, as Gilles was 14 saying, so higher depression rates when individuals 15 cannot communicate in their language.

16 And an increase in the number of falls. 17 Well, because the person doesn't understand Whv? 18 what is being explained to him or her on the way 19 to, you know, stand and walk directly. It has an 20 impact on individuals who fall more frequently. 21 That is a phenomenon that has been verified whether 22 or not COVID exists, but that we have to be mindful 23 of when we think of Francophone individual 24 situations in long-term care. 25 As Carol said, we also have to think

| that we are talking about individuals who are |
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| largely aging individuals and, when one ages, one |
| reverts back to his or her mother tongue, and you |
| lose your second language, all the more so if you |
| are suffering from dementia. |
| So once again, we are dealing with |
| individuals going into long-term care facilities |
| who at the outset could communicate in English, but |
| because the disease has progressed or they are |
| aging more, they lose that capacity of interacting |
| with staff in their second language. |
| So please be mindful of that when we |
| talk about the consequences of COVID-19 because I |
| think it is that context that creates all of the |
| difficult situations that we were able to observe |
| during the pandemic. |
| In the following slide, we are raising |
| an issue that Gilles mentioned earlier, the role of |
| family caregivers. |
| During the hearings, you have heard |
| about the fundamental role that these family |
| caregivers play, communicating, supporting health |
| staff, conveying concerns of residents because of |
| deteriorating situations. |
| Once again, the context, let's not |
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| 1 | forget, is that of seniors who have difficulty |
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| 2 | communicating, and imagine how isolated they felt |
| 3 | when that no-visit policy was applied in |
| 4 | Francophone long-term care facilities. So they no |
| 5 | longer had communication means. So if you can't |
| 6 | communicate in the same language as the service |
| 7 | provider who comes to see you, comes to help you, |
| 8 | how can you just live and go through day-to-day |
| 9 | activities. |
| 10 | Once again, Gilles talked about |
| 11 | isolation, distress for family caregivers who can |
| 12 | no longer see their family members, but also for |
| 13 | those seniors who can no longer be understood by |
| 14 | people around them. |
| 15 | Another impact for communication is |
| 16 | that we know that for individuals who have |
| 17 | cognitive difficulties, well, there is an impact on |
| 18 | behavioural problems. So we have seen an impact |
| 19 | there because people can no longer be understood or |
| 20 | they no longer understand what is expected of them. |
| 21 | So I think the no-visit policy has been |
| 22 | very difficult for residents, but especially for |
| 23 | family caregivers who needed that contact, just to |
| 24 | have very basic communication, and very difficult |
| 25 | for seniors in long-term care facilities who could |

1 no longer be understood. 2 So I would now like to go to Joëlle who 3 will tell us about the impact of COVID-19 not just 4 on individuals but also on organizations. 5 JOËLLE LACROIX: Yes. So T am a б Manager of Foyer des pionniers de Hearst. I have 7 held that position for 20 years. For 20 years we 8 have been running a marathon with HR trying to find 9 qualified French-speaking staff. It is a huge 10 challenge, and since the pandemic, it has been 11 crazy. 12 This lack of staff who speak French, 13 people who can work in French in Hearst, I mean, 14 there is a lot of them because we are a Francophone 15 community, but qualified workers are few and far 16 between. 17 We have had a great deal of stress at 18 the start of the pandemic from an administrative 19 point of view. We have a small residence of 67 20 beds, and so we only have five people on the admin 21 team managing all of that, so that was a challenge 22 as well. 23 So our residents did not die of COVID, 24 but they died of depression. Their morale 25 plummeted, mental health plummeted, their physical

1 health as well. 2 The fact that the third quideline told 3 us that an employee needed to select a single 4 employer created a problem for us too because 5 several of our qualified employees went to Notre 6 Dame Hospital as their single employer since they 7 had to limit themselves. That wasn't helpful. 8 At the beginning of the pandemic, all 9 of the communications were in English only, and 10 here we work in French. And so there was a lot of 11 work administratively to do translation on-site, so 12 the stress associated with equipment, PPE, masks, 13 to be able to work safely for the residents, so 14 that is what I need to say. 15 COMMISSIONER ANGELA COKE: I have a 16 question. I am just interested if there is any 17 strategies you have underway or working with the 18 Ministry in terms of how you build a pipeline of 19 qualified French-speaking staff? 20 JOËLLE LACROIX: Absolutely. We have 21 Collège Boréal in Hearst who in the past gave a 22 program on...[inaudible] and the... 23 THE COURT REPORTER: I'm sorry, I'm not 24 getting an interpretation. 25 Sorry. THE INTERPRETER:

JOËLLE LACROIX: The other classes, the 1 2 other programs, well, we're having difficulties 3 with it. 4 BRYAN MICHAUD: We will wait. Just 5 acknowledge to continue. 6 THE INTERPRETER: Can you hear me now? 7 Can you hear the interpreter? 8 COMMISSIONER ANGELA COKE: Yes. No. 9 THE INTERPRETER: Can you hear me? 10 COMMISSIONER ANGELA COKE: Yes, I can 11 hear you now. 12 THE INTERPRETER: Can you hear the 13 interpreter? 14 JOËLLE LACROIX: What I was mentioning 15 is that we have a need, a very big need, to have 16 nursing programs in Hearst. It would help us a lot 17 for the training of qualified staff. 18 COMMISSIONER ANGELA COKE: Okay. Thank 19 you. 20 COMMISSIONER FRANK MARROCCO (CHAIR): 21 I also had a question. It was related 22 to the one Commissioner Coke asked. 23 Over time historically has there always 24 been this need for qualified bilingual or 25 French-speaking staff? And my question really is

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| ¹ related to that, is if there were difficulties ² addressing that? If that problem has persisted, ³ were there difficulties in addressing it? ⁴ JOËLLE LACROIX: Yes, as I mentioned ⁵ it has been 20 years that we are looking for ⁶ people. We are having a hard time to find ⁷ bilingual-qualified or skilled staff, and during | 1 |
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| ³ were there difficulties in addressing it? ⁴ JOËLLE LACROIX: Yes, as I mentioned ⁵ it has been 20 years that we are looking for ⁶ people. We are having a hard time to find | 1 |
| JOËLLE LACROIX: Yes, as I mentioned 5 it has been 20 years that we are looking for 6 people. We are having a hard time to find | , |
| ⁵ it has been 20 years that we are looking for ⁶ people. We are having a hard time to find | , |
| ⁶ people. We are having a hard time to find | |
| | |
| ⁷ bilingual-qualified or skilled staff, and during | |
| | |
| ⁸ this pandemic, there is a lack of nurses everywh | ere |
| ⁹ in Canada. | |
| ¹⁰ So unfortunately, in Hearst I had to | |
| 11 hire Anglophone nurses who did not speak French. | |
| 12 Here, we only work in French. But now we need t | 0 |
| $ ^{13}$ adapt with staff that only speaks English. And | it |
| $\begin{vmatrix} 14 \end{vmatrix}$ is difficult for residents and also for the othe | r |
| ¹⁵ members of the staff. | |
| 16 COMMISSIONER FRANK MARROCCO (CHAIR): | |
| 17 It can be difficult for family membe | rs |
| ¹⁸ to communicate the needs of their parents or | |
| ¹⁹ grandparents as well, I assume. | |
| 20JOËLLE LACROIX: Yes, when you have | an |
| ²¹ Anglophone nurse. Here the majority of my staff | |
| ²² could translate and speak French. In Hearst, it | is |
| ²³ different. It is really a Francophone community | , |
| $ ^{24} $ so we work in French, and we live in French. | |
| 25 COMMISSIONER FRANK MARROCCO (CHAIR): | |

1 Commissioner Kitts? 2 COMMISSIONER JACK KITTS: Yes. I iust 3 want to follow up. You began by saying that there 4 is a significant shortage of Francophone beds, and 5 we are talking about a significant shortage of 6 Francophone staff. 7 In Hearst, is there a sufficient number 8 of beds, just not enough staff, or do you require 9 more beds which would then require more Francophone 10 staff? I am just trying to -- they seem to go 11 together, and I am just wondering which one is the 12 biggest problem, or are they both problems? 13 JOËLLE LACROIX: I think I did not 14 express myself well. Here the staff is mostly 15 There is a shortage of beds. Francophone. Since

16 2014, we have been asking 12 more beds, and we have 17 64 people on the waiting list. Therefore, they are 18 waiting four years before being admitted. In 19 Hearst, we only have the Notre Dame Hospital and 20 the long-term care centre, and during a pandemic, 21 it was causing a lot of stress with respect to the 22 hospital because all the beds were all used by 23 people who are waiting on the waiting list.

But definitely, it is the lack -- or it
 is the shortage of Francophone beds.

1 COMMISSIONER JACK KITTS: Right, but 2 what I am saying is if you had the 12 beds, you 3 wouldn't have the gualified staff, the Francophone 4 staff, to staff those beds as well, so it is kind 5 of a double-whammy. б JOËLLE LACROIX: As I mentioned, we 7 have Francophone staff. Most of our employees 8 speak French. Out of 80 employees, I only have 9 eight Anglophones right now. 10 ESTELLE DUCHON: Mr. Commissioner, I 11 would like to add to something. 12 Yes, you are right, there is a big 13 challenge. There are two of them. 14 There is a challenge with respect to 15 the number of beds all over Ontario, but in 16 summary, in all the long-term care homes, only very 17 few are structured to offer Francophone needs, and 18 they represent more than 5 percent. 19 So there is a deficit of beds, and in 20 some regions -- it could be in Hearst or in other 21 regions -- there is a big challenge to have 22 qualified bilingual staff who could work in those 23 long-term care homes. So the government has to 24 develop strategies about those two aspects. 25 So you are right.

| 1 | COMMISSIONER JACK KITTS: Okay. Thank |
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| 2 | you very much. |
| 3 | BRYAN MICHAUD: Thank you. Maybe we |
| 4 | can continue with Guy and Melissa at Bruyére, if |
| 5 | you want, if there are no other further questions. |
| 6 | COMMISSIONER ANGELA COKE: I have one |
| 7 | other question. In the current sort of bed |
| 8 | allocation that is happening now from the |
| 9 | government, do you know if there is any |
| 10 | applications in for Francophone beds? |
| 11 | ESTELLE DUCHON: Bryan, I can answer |
| 12 | that question. |
| 13 | In the announcements that were done a |
| 14 | few weeks ago, there are three homes for which |
| 15 | there were Francophone beds, one at Richmond Hill, |
| 16 | one in Barrie, and one in the south of Ontario, so |
| 17 | those are good news for Francophones. |
| 18 | I would say that the issue is that the |
| 19 | announcements from the governments are about |
| 20 | Francophone beds, but it is not always clear when |
| 21 | we talk about Francophone beds. |
| 22 | We will talk about strategies to get |
| 23 | Francophone beds later on, but the question we need |
| 24 | to ask is what is the accountability. If we ask a |
| 25 | home to have a Francophone bed, what are the |

| 1 | demands with respect to funding to make sure that |
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| 2 | those beds that those beds are Francophone beds |
| 3 | and also that there is bilingual staff? You know, |
| 4 | a person might get a bed, a Francophone person |
| 5 | might get a bed, but not necessarily Francophone |
| 6 | staff. |
| 7 | So this is something that the |
| 8 | government should work on. We have to be clear |
| 9 | what is a Francophone bed, what is it tangibly. |
| 10 | COMMISSIONER FRANK MARROCCO (CHAIR): |
| 11 | That was actually where I was going. |
| 12 | The bed is a bed. It is a question of surroundings |
| 13 | and the people speaking to you, feeding you, that |
| 14 | sort of thing. That is what I would assume makes |
| 15 | it more suitable because you can all speak to each |
| 16 | other. You could put the bed anywhere. |
| 17 | ESTELLE DUCHON: Absolutely. You are |
| 18 | right. In Ontario, we have two tools. We have the |
| 19 | law on Francophone services, and we have an |
| 20 | organization that takes care of implementing them |
| 21 | to make sure that there is bilingual staff to have |
| 22 | complaints that are made in French, so it is coming |
| 23 | out of the law on French services. It is a law |
| 24 | that allows for all the conditions that you are |
| 25 | talking about. |
| ц <u> </u> | |

1 And the other tool we have is article 2 173 of rule 79.10 on the long-term care health 3 which allows priority of beds, which will allow us 4 to say that these beds are for Francophones, and so 5 Francophones have a priority for those beds, and 6 those homes will put into place the environment 7 which will allow those individuals to be served in 8 French. 9 COMMISSIONER FRANK MARROCCO (CHAIR): 10 Thank you for that. I just have one 11 other question, which is a bit unrelated. How 12 long -- in your experience, how long has this 13 problem persisted because I'm a little -- you know, 14 I have not really turned my mind to it in the past, 15 but how long has there been this shortage or this 16 disproportion in terms of the number of beds per --17 or the number of persons per bed? 18 As long as I can ESTELLE DUCHON: 19 remember, I think it has always been something that 20 we noticed. 21 COMMISSIONER FRANK MARROCCO (CHAIR): 22 Okay. 23 However, definitely, ESTELLE DUCHON: as we said at the beginning of the presentation, 24 25 the pandemic created for those individuals more

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| 1 | complicated situations than they were before, so |
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| 2 | this pre-existing situation has been existing for a |
| 3 | long time. |
| 4 | COMMISSIONER FRANK MARROCCO (CHAIR): |
| 5 | Thank you. I don't think we have any |
| 6 | further questions, so you can carry on. |
| 7 | BRYAN MICHAUD: Thank you. I will ask |
| 8 | Guy Chartrand or Melissa to speak with respect to |
| 9 | Bruyére continuing care. |
| 10 | MELISSA DONSKOV: Hello to all of you. |
| 11 | I hope that you can hear me well. |
| 12 | COMMISSIONER FRANK MARROCCO (CHAIR): |
| 13 | I can. |
| 14 | MELISSA DONSKOV: My name is Melissa |
| 15 | Donskov. I am the Director of Long-Term Care |
| 16 | Health at Bruyére Soins continus. I have been in |
| 17 | this position for four years, and at Bruyére, we |
| 18 | have two long-term care sections. One offers |
| 19 | bilingual services in French and English, and the |
| 20 | other one, the Saint-Louis Residence, is designated |
| 21 | Francophone. |
| 22 | So my comments today will be more about |
| 23 | our experience at the Saint-Louis Residence |
| 24 | there are 198 beds east of Ottawa. So it is a |
| 25 | big long-term care home which offers services, as |

1 Joëlle said, mainly -- which offers mainly in 2 French. 3 We are lucky at Bruyére because we are 4 part of the Bruyére continuing services, and we 5 also have hospital programs, and we also have б ambulatory and community care services. We had the 7 opportunity during the whole pandemic to benefit 8 from some services and expertise from our 9 corporation. 10 We are in a unique situation. We are 11 lucky. However, the challenges I would like to 12 talk to you about exist, even for homes that are 13 better structured and thanks to the Francophone 14 services that we offer in this home. 15 To answer to one of the questions 16 earlier about the approvals, the recent approvals 17 to get new beds, new Francophone beds, I wanted to 18 mention that Bruyére wants to further its long-term 19 care services, to develop them. We submitted an 20 application for a long-term care home east of 21 Ottawa. The west of Ottawa is a region in Ottawa 22 that has less Francophones but still has needs for 23 Francophone services based on the population. 24 Therefore, we hope to further the long-term care 25 services which could benefit the Francophone

1 population in Ottawa. 2 Our application has not been approved 3 yet, but I wanted to mention this. There are 4 operators who have the expertise to offer 5 Francophone services and who want to further their б programs, so it is important to know that there is 7 a shortage of beds. But there is a desire to -- so 8 there is a -- well, so now I would like to start 9 the points I wanted to share. 10 As Joëlle mentioned, one of the biggest 11 challenges within this pandemic was the recruitment 12 and the retention of qualified Francophone staff 13 and bilingual offering French services, which is a 14 big skill. Our staff speaks enough English, enough 15 to help families who might be Anglophones or from 16 other languages. 17 So to service all of our clients is a 18 big challenge. We have many staff members, but as 19 Joëlle said, the staff had to choose one workplace 20 during the pandemic. So that was a big challenge, 21 so we need to re-organize ourselves and offer the 22 same level of services after having lost some staff 23 members. 24 The care homes who do not have the 25 Francophone designation, they have more

1 opportunities to get staff from agencies or from 2 other organizations. 3 Just to explain to you the difficulty 4 here, is that as soon as I call an agency, and I am 5 looking for staff or even if I'm looking for a 6 mobile team that help during a crisis, when we ask 7 them that the staff has to be bilingual or at least 8 have some basic French, the possibilities narrow, 9 become really narrow. 10 At first, they'll say yes, we have 11 staff, no problem. And as soon as we say that they 12 have to speak French, oh, well -- then they'll 13 answer, Well, we don't know if we have someone. 14 There is less staff that is available through 15 agencies or mobile teams and so on. 16 And furthermore, since the workplace 17 language is really French, we have safety issues for the residents, because if we bring in someone 18 19 who could not speak with our residents and their 20 families and their teams, if they cannot read the 21 notes in the files of our residents, they cannot 22 understand everything that is happening, so that is 23 a big problem, and it is a concern for the safety 24 of the care if we do not have skilled staff that is 25 bilingual or Francophone.

1 For us, we are fine. We can still make 2 it, but I am just trying to explain to you what the 3 challenges are, which are not necessarily present 4 in the home that offers services mostly in English. 5 I think that for other cultures too it is a 6 challenge, but I can say that it is for the 7 Francophone ones. 8 During the pandemic, we had to increase 9 our staff members, so we had different types of 10 staff in our homes. So, you know, we need to test 11 everybody that comes in, so we have a whole team of 12 people who test people for COVID, and these people 13 have to speak French. 14 And to counter the concern about the 15 isolation of residents, to help, we have a new type 16 of staff that we call the assistants. So they 17 replace volunteers in the role they played before 18 the pandemic. They help us feed residents, 19 socialize with residents, et cetera, and that has 20 been amazing. It was really helpful. But once 21 again, it is more staff that we have to bring in 22 and for whom we need to meet linguistic needs. 23 But it really helps to break isolation 24 of residents, and it really helps in having the 25 right number of staff to provide care,

Long Term Care Covid-19 Commission Mtg. Meeting with the Commissioners and Franco Ontarian Organisations on 12/17/2020

1 compassionate care, to residents. I know that the 2 Commission is looking at needs in terms of more 3 staff or more hours of care per resident per day, 4 but I think it is important to mention as well that 5 to really transform long-term care into care that 6 can really focus on all of the aspects of the 7 resident, care from a social standpoint, it is 8 really important to increase the number of staff so 9 that the staff really can build social interactions 10 and can really support the resident in the way in 11 which he or she needs. Otherwise, everyone is 12 much, much too busy, in a hurry, because they have 13 so many duties to carry out with very few resources 14 to do them.

And I think you have heard that type of
 feedback before, but I think it is important to
 mention it.

And sometimes there are challenges to recruit in long-term care because of the salary. It is not as high as in other sectors, right? Wages are lower than in hospitals or other care facilities. So that creates challenges for us in finding qualified long-term care staff.

I also wanted to talk about the
 challenges in terms of resources and tools in

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| 1 | French. Our staff and, I mean, when we do |
|----|---|
| 2 | training with our staff, we need to have French |
| 3 | education materials, French videos, French |
| 4 | educators, and that limits us. Even before the |
| 5 | pandemic, that was our case, but it becomes even |
| 6 | more of a challenge during the pandemic while we |
| 7 | try to provide training and education in a virtual |
| 8 | format, faster and quicker, and we have new staff |
| 9 | coming in, so we need to train a large number of |
| 10 | people. |
| 11 | And by way of example, this week we are |
| 12 | part of a pilot on vaccination against COVID, so |
| 13 | that is fantastic, but some of the resources will |
| 14 | only be put out in English. So a video, for |
| 15 | instance, for staff in how to remove certain things |
| 16 | or how to provide the required information on the |
| 17 | vaccination, very often these videos or types of |
| 18 | videos are in English only, and then they come out |
| 19 | in French a few weeks later. So that is just an |
| 20 | example to explain that sometimes that is a |
| 21 | challenge. |
| 22 | We do a great deal of translation, |
| 23 | which is fine. We have the resources to do that. |

which is fine. We have the resources to do that.
But it takes more time, right? It is another
issue. Every time we communicate, that

Long Term Care Covid-19 Commission Mtg. Meeting with the Commissioners and Franco Ontarian Organisations on 12/17/2020

1 communication has to be translated, and it 2 certainly takes more time. But it is very 3 important for us that the residents, employees, 4 families, and everyone have all the information so 5 that we can answer their questions, so that they 6 know what is going on, so that we can reduce their 7 concerns. It is even more important during a 8 We have always had that challenge, but pandemic. 9 during a pandemic, we communicate on a weekly 10 basis. Lots and lots of communications go out, 11 which is very positive and everybody appreciates 12 them. And with Francophone populations, there is 13 that extra step of translating everything.

¹⁴ My other point is that a lot of ¹⁵ facilities require renovations, adaptations, so ¹⁶ that we can mitigate concerns with regard to ¹⁷ infection control and with regard to social ¹⁸ distancing.

The pandemic really highlighted the requirements to train staff, to have better practices in infection control, but also, in reviewing our infrastructure, to make that we have the correct infrastructure that can promote care in a long-term care facility that will allow for infection control. It is another aspect of the

| 1 | challenge over and above all of the practices that |
|----|---|
| 2 | are required on a day-to-day basis. |
| 3 | Those are the points I wanted to make, |
| 4 | and we do appreciate this opportunity of presenting |
| 5 | all these points affecting Francophone facilities |
| 6 | where the care model is very different in our |
| 7 | long-term facilities as compared to hospitals and |
| 8 | other sectors. |
| 9 | So thank you very much, and of course, |
| 10 | I'm available for questions. |
| 11 | COMMISSIONER FRANK MARROCCO (CHAIR): |
| 12 | Thank you. There don't appear to be |
| 13 | any, so we are good from our end. |
| 14 | BRYAN MICHAUD: Thank you. So perhaps |
| 15 | I'll go to Barbara next, who will tell you about |
| 16 | the pandemic from the point of view of service |
| 17 | providers. Barbara. |
| 18 | BARBARA CECCARELLI: Yes. Good day to |
| 19 | Mr. Commissioners and Ms. Commissioner. I am here |
| 20 | today. I am the Director General of Heritage. |
| 21 | I would like to say that we are not a |
| 22 | long-term care facility, and that is important |
| 23 | because there are differences in the way we |
| 24 | operate. There are things that do not apply |
| 25 | exactly the same way. |

The Centre d'accueil Héritage has been open for 40 years. We provide affordable housing and support services to people in communities, so we have an integrated model for affordable housing and for support services. We serve the Francophone aging

⁷ population in Greater Toronto. All of our work is ⁸ done in French one hundred percent, and in our ⁹ building, in our housing, assisted living project, ¹⁰ and in our work, people who live at home in the ¹¹ community, because we also provide community ¹² support.

¹³ In our integrated project of housing ¹⁴ with services, we can provide services 24 hours a ¹⁵ day, and we offer transition care for people who ¹⁶ are prepared to leave the hospital but not quite ¹⁷ ready to go home yet.

¹⁸ So we offer transition services in the ¹⁹ context of temporary transitions so that people can ²⁰ be ready to go back home safely, and also to free ²¹ up beds in hospitals for clients who don't need to ²² stay in acute care beds.

We provide community services as well for any person with physical and cognitive problems and their family caregivers, all of that

| 1 | exclusively in French. |
|----|---|
| 2 | So we are not a long-term care |
| 3 | facility, but of course we work in very close |
| 4 | cooperation with them, especially in Scarborough |
| 5 | with Bendale Acres. We are a partner of choice, |
| 6 | and yet I would like to say that at any time, at |
| 7 | least 50 percent of our clients, whether they are |
| 8 | in the housing project or in the community, are |
| 9 | technically eligible to be transferred into a |
| 10 | long-term care facility. |
| 11 | Our approach is proactive, and we have |
| 12 | reached a point where we transfer people only when |
| 13 | they are in crisis. So we hold off on those who |
| 14 | might be technically eligible but don't necessarily |
| 15 | have to transit over into a long-term care |
| 16 | facility. |
| 17 | I would like to share some things that |
| 18 | we have done under our model. We haven't had any |
| 19 | cases of COVID so far. Let's hope it stays that |
| 20 | way. But so far we were able to have a kind of |
| 21 | different control on our physical infrastructure. |
| 22 | Our clients all have individual apartments, and |
| 23 | even those who are in a transition unit, they have |
| 24 | their own room. They share common spaces, but they |
| 25 | have their own room. So that helped in our |

1 It was easier to implement infection project. 2 prevention measures. 3 Eighty percent of our staff Our staff. are service workers, so they support people in 4 5 their day-to-day lives. From the outset, we were 6 able to have exclusivity, so most of our staff only 7 work for us. Francophone staff, we are the only 8 Francophone provider, and so there is an advantage 9 there. 10 But for those who needed to get 11 additional hours elsewhere, well, we were quickly 12 able to give them almost full-time loads, so they 13 exclusively worked for us. 14 Our staff all have paid sick leave, so 15 we have that, and if someone does not feel well, 16 then we encourage that person absolutely to stay 17 home. 18 For our residents, our clients, with 19 their families, and in French, we were able to not 20 have to impose absolute isolation. It was a 21 challenge, but from the outset we negotiated that 22 we could have at least one family -- one person 23 that could continue visiting the resident, either a 24 staff member or a family member, especially given 25 the fact that most of our clients have cognitive

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| 1 | difficulty, so total isolation would have been |
|----|---|
| 2 | catastrophic for them. |
| 3 | And even with partial isolation, we saw |
| 4 | an impact on their a pretty huge impact on their |
| 5 | cognitive health, but at least we were able not to |
| 6 | completely isolate anyone. |
| 7 | We also work in networks greatly, so we |
| 8 | set up tele-health options. People could benefit |
| 9 | from their medical follow-ups without having to |
| 10 | travel, especially with hospitals. |
| 11 | And we continued communicating with |
| 12 | individuals with their families daily in French. |
| 13 | So even if we developed systems to I |
| 14 | mean, the access to our building was strongly |
| 15 | limited with screening at the entrance, et cetera, |
| 16 | for the service workers. |
| 17 | We have information resources. Yes, |
| 18 | very often these resources are in English, so once |
| 19 | again we had to translate documents and that was a |
| 20 | challenge, but we could access resources, and we |
| 21 | could work with hospital teams, palliative care |
| 22 | teams, who know us well and who, with us, were able |
| 23 | to make sure that clients stayed home and continued |
| 24 | their treatment. |
| 25 | That does not mean that we didn't face |

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| 1 | any challenge. We still do. Any transition into |
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| 2 | long-term care stopped. So the continuum, the |
| 3 | long-term care continuum, was broken, for very good |
| 4 | reasons, of course. |
| 5 | So from our point of view, even if we |
| 6 | refer people in crisis, only those that really need |
| 7 | it. We have now several people who are on that |
| 8 | list of people in crisis who cannot transition to |
| 9 | long-term care because at this point it is really |
| 10 | not possible and families don't wish that. |
| 11 | So we had to adapt. Our staff was |
| 12 | good. Our staff rose to the challenge in an |
| 13 | organization that managed group programs |
| 14 | especially. For some of our clients, we had to set |
| 15 | up one-to-one interventions, and normally that is |
| 16 | not part of our mandate. So we had an opportunity |
| 17 | to make sure that our staff was clustered in some |
| 18 | service units. |
| 19 | But another challenge was that some of |
| 20 | our staff had to take care of clients one on one, |
| 21 | and they are still with us, and they are still |
| 22 | waiting for a transition to a long-term care |
| 23 | facility. So that created an additional challenge. |
| 24 | Without mentioning the family |
| 25 | caregivers, what stress and what anguish to know |

| 1 | that all of that was going on and especially seeing |
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| 2 | what was going on in other facilities. |
| 3 | I just wanted to add a few words with |
| 4 | regard to our approach in the future, what we would |
| 5 | like to see. We would really like to see long-term |
| 6 | care facilities and programs integrated into the |
| 7 | continuum of care and support. |
| 8 | I think the pandemic has highlighted |
| 9 | all kinds of gaps and shortages in terms of our |
| 10 | capacity, but also gaps from our point of view in |
| 11 | terms of quality. There are challenges that can be |
| 12 | resolved by adding beds, by increasing capacity, |
| 13 | but there are some challenges. Especially if we |
| 14 | think about the aging population, it is really |
| 15 | exploding exponentially. |
| 16 | And so that gap between available beds |
| 17 | and people needing them will only increase. So |
| 18 | what we want to bring to the table here is this |
| 19 | idea of not just increasing capacity but |
| 20 | diversifying the approach a bit. |
| 21 | We want to see that the transfer to |
| 22 | long-term care not be, unfortunately as today, an |
| 23 | option just because there is no other option. It |
| 24 | is possible to create other options, and we like to |
| 25 | think that we are a different kind of transitioning |
| L I | |

1 option.

2 I think there are other options, 3 especially for those with cognitive difficulties, 4 but if now we could at least see long-term care as 5 part of a continuum of care, as part of health 6 services, as part of working closely with clinical 7 health services and community support services. 8 So we wanted to share with you some 9 details of our successes, the successes our teams 10 have had. Of course, everything that was stated by 11 my colleagues here affects us too. Clearly finding 12 staff for us is a challenge, even in the Greater 13 Toronto Area. It did work this time, but it is a 14 fragile equilibrium. 15 As we know full well that we can offer 16 this service in a limited format, and we know that, 17 as Francophones, we have to work really, really 18 hard so that the language perspective be at all 19 steps of the continuum for aging populations. 20 I would like to close by thanking you 21 very sincerely for giving us this opportunity. Ιt 22 is a great pleasure to be able to make this

23 presentation to the Commission, and of course, if 24 you have any questions, please do not hesitate. 25

COMMISSIONER FRANK MARROCCO (CHAIR):

2 terms of or with respect to the orderly movement of 3 people through a continuum of care, did you have 4 any thought about what the organization would be? 5 Like there has to be a head then or there has to be б a directing mind in order to achieve that, it seems 7 to me. And I was wondering if you had given any 8 thought to how that would be achieved. 9 BARBARA CECCARELLI: I would like to 10 think that the focus is the client itself, but if 11 we change our approach -- we work with health 12 coordinators. These people are key people. 13 Ideally they meet the person at any time during 14 this continuum. 15 And these people are capable of 16 quaranteeing transitions between different health 17 providers, but also these people -- people could 18 defend the needs of their clients and their 19 caregivers, and at any time they put into place the 20 team that the people need, and they know how to 21 bring together these teams for our clients. The 22 health coordinator could work with hospitals, with 23 teams within the hospitals, with the family, with 24 the caregivers, primary care, meaning the family 25 doctor that lives close, palliative care teams,

Actually, I did have a question.

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| 1 | and when the transfer is necessary to the long-term |
|----|---|
| 2 | care, as well as other services that are necessary |
| 3 | in the community, so the food safety, for example. |
| 4 | And this person, this coordinator, is a |
| 5 | bit like a director who could bring in the right |
| 6 | person in the continuum at the right time and also |
| 7 | knows how to guide the client but also guiding the |
| 8 | client by helping the client making choices, |
| 9 | personal choices. So it is important in the |
| 10 | continuum of care. |
| 11 | This leadership position is an enabler. |
| 12 | Maybe it is an idea of more of a coordination of |
| 13 | health to help providers. It is not easy for |
| 14 | providers because they never know who is |
| 15 | responsible for what, and the role of our |
| 16 | coordinator could be a really good thing for the |
| 17 | client, for the caregivers, but also for the health |
| 18 | providers. |
| 19 | This would allow the process to be much |
| 20 | more efficient. |
| 21 | COMMISSIONER FRANK MARROCCO (CHAIR): |
| 22 | Thank you. I don't think we have any |
| 23 | other questions. |
| 24 | BRYAN MICHAUD: So very good. We will |
| 25 | get to the next part, which is the part about |

| 1 | assistance training, so Kim Morris from Collège |
|----|---|
| 2 | Boréal will be speaking. |
| 3 | KIM MORRIS: Hello, everybody. I'm Kim |
| 4 | Morris. I am the Dean of the Health Sciences at |
| 5 | Boréal Collége. |
| 6 | Boréal Collége is one of the French |
| 7 | language colleges in Ontario. There is La Cité in |
| 8 | Ottawa. We cover the north, as well as Toronto and |
| 9 | the southwest centres. |
| 10 | So we have campuses a bit everywhere. |
| 11 | Also I would like to say that I have |
| 12 | been Dean for nine years at Collège Boréal. Before |
| 13 | I was at the CCAC community centre, which is not on |
| 14 | the R-lists. |
| 15 | On the human resources side, I have |
| 16 | been working on that for many years. |
| 17 | Today I would like to bring you the |
| 18 | perspective on French training. We also have a |
| 19 | group from that group is 24 health deans, and we |
| 20 | meet regularly since March. Since the month of |
| 21 | March, we meet every two weeks or even every week, |
| 22 | so some comments I'll be making this morning |
| 23 | reflects Collège Boréal but also all the groups of |
| 24 | colleges I am talking about. |
| 25 | Joëlle from Hearst mentioned that it is |

1 a big challenge, but I can tell you that since the 2 access center days, the shortage of attendants or 3 orderlies that are bilinguals was always a crisis 4 in the north. It has been more than ten years that 5 it has been a crisis. With respect to the provincial level, it started being a crisis six 6 7 years ago. 8 And the Minister of Health would come 9 into our group heads-up, and we were asking them, 10 why aren't you training more attendants or 11 orderlies? Aren't there any incentives to put into 12 place so that colleges could train these people 13 with the pandemic? The need has exploded. It is 14 worse than a crisis because we have so much need 15 everywhere in the province, so it is not a new 16 challenge. It just became worse with the pandemic.

17 The recruitment of students is at the 18 basis of our challenges as community colleges. We 19 mentioned this this morning. I am sure you heard 20 it at the Commission from day one, meaning that the 21 position of an attendant is not very popular. The 22 recruitment of students -- these students would 23 come directly from high schools. They are very 24 few.

25

The twelfth grade students who are

1 interested to study the attendants program, the 2 practical nursing or assistant nursing is more 3 popular, but to become an attendant or an orderly, 4 these are mostly people who want to choose another 5 career, a second career, or sometimes moms who 6 decide to go back to the workplace. You know, the 7 salaries and the workplace conditions are not 8 really attractive.

9 And what we saw in all colleges, the 10 recruitment for the fall 2020 has been worse 11 because people became afraid. Students -- you 12 know, prospective or future students are afraid. 13 They are afraid to work with people who could die 14 in the centre, or they could even die themselves, 15 or they can get COVID and transmit it to their 16 So it was even worse. families. There was even 17 less enrolment during the fall.

With respect to practicums, it does
 impact clinical practicums in long-term care homes
 as well for the students and for the professors.

So the students when those long-term care homes accept them -- but -- because it is not always the case these days. It is not all long-term care homes that accept practicums. So our professors usually will supervise three or four

| 1 | different homes. Now they have to limit to one |
|----|---|
| 2 | only. Therefore, the recruitment of professors |
| 3 | becomes a problem too. |
| 4 | I would like to make a comment about |
| 5 | the new category. Melissa mentioned it. I call |
| 6 | them health care aides. If we use them like |
| 7 | Melissa, if they could replace volunteers, what we |
| 8 | are afraid about at the college level is that those |
| 9 | people are trained for maybe four weeks. It is a |
| 10 | bigger risk. It is a bigger risk because they have |
| 11 | less training as a health care aide, and often |
| 12 | but not in all cases, often they do the same tasks |
| 13 | as an attendant, but the attendant had a one-year |
| 14 | training, whereas the new category, the health care |
| 15 | aide, only four weeks. |
| 16 | So you have you know, they have a |

¹⁶ So you have -- you know, they have a ¹⁷ lower salary than an attendant, and they have less ¹⁸ training. Therefore, the risk is even higher.

We saw it at our list, and there has been discussions at the federal level. There has been an announcement of several million dollars for CICan. It would be to do a basic training, and then you would have an individual that would become an attendant.

At Boréal, we have several offers -- I

| 1 | will talk about it later that could support |
|----|---|
| 2 | hospitals, the long-term care homes, the Health |
| 3 | Teams, to train these people. It would be like a |
| 4 | laddering. |
| 5 | Then and in general, the value of |
| 6 | this profession I am talking about this for |
| 7 | me, it is a profession, but in the community, an |
| 8 | attendant is not a profession, and it is not |
| 9 | respected as much as a nurse, a registered nurse, |
| 10 | or a paramedic. Therefore, all the value you |
| 11 | know, it has been over ten years that we are |
| 12 | talking about having campaigns to value more the |
| 13 | attendants so that there is more respect of the |
| 14 | profession as an attendant. |
| 15 | It is not only a monetary issue. It is |
| 16 | all the aspects that has to do with you know, |
| 17 | that to aging at home there is the aging at home |
| 18 | issue. It has been a long time. We have been |
| 19 | talking about that for a long time. And in this |
| 20 | crisis, because of the pandemic, we are back to the |
| 21 | same level where the job or the profession as an |
| 22 | attendant is not appreciated. It is not valued. |
| 23 | It is not respected. |
| 24 | And I believe that it is really one of |
| 25 | the keys to this problem. |

1 So everything that I said this morning, 2 try to recruit Francophones and to meet the needs 3 of Francophones, well, it doubles or even triples 4 the challenge. So we are trying from different 5 It is very difficult. ways. 6 We could add beds, such as the Fover 7 Richelieu in Welland. We know that they will need 8 other attendants. Boréal is working with that 9 long-term care home, as well as with Kapuskasing 10 and Hearst, to train the attendants. There is a 11 big need for them, and bilingual Francophone 12 attendants that are well trained with a 13 post-secondary level. 14 And do you have any questions? 15 COMMISSIONER FRANK MARROCCO (CHAIR): 16 Dr. Kitts? Yes. 17 COMMISSIONER JACK KITTS: Just a 18 question. You said the challenge has been for 19 several years, and you talked about the salaries, 20 workplace conditions, not being very conducive to 21 attracting students to a career in any of those. 22 I am just wondering, do you have enough 23 spaces for students if the conditions were ripe 24 that they would go into these classes, or would you 25 need more positions for students?

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| 1 | KIM MORRIS: Classroom and lab spaces, |
|----|---|
| 2 | we have sufficient space, yes, because we have |
| 3 | several long-term care homes. I could say that |
| 4 | once a month I have a long-term care home or an |
| 5 | agency that approaches me, so I could train you, |
| 6 | 100, 200 attendants if the students were there and |
| 7 | if the need yes, if there was more need. |
| 8 | COMMISSIONER JACK KITTS: Thank you. |
| 9 | CAROL JOLIN: Bryan |
| 10 | KIM MORRIS: Sorry, I want to add to |
| 11 | that say that we have you know, we have many |
| 12 | campuses all over the province. |
| 13 | CAROL JOLIN: Bryan, I would like to |
| 14 | add something. |
| 15 | NICHOLAS BAXTER: Go ahead, Carol. |
| 16 | CAROL JOLIN: With respect to the issue |
| 17 | of the shortage, I have to make a parallel with |
| 18 | what I went through when I was the President of the |
| 19 | Teachers Union. You know, there was a shortage of |
| 20 | teachers, and the solutions are not very different |
| 21 | one from the other. |
| 22 | And I appreciate the work from Boréal |
| 23 | to recruit young people, but we need a bigger |
| 24 | system, a bigger machine, that could start a |
| 25 | provincial promotion campaign in French to attract |

1 young people to go to those type of jobs. And I always said in my message that, 2 3 you know, we have to go to the base, meaning to 4 talk to orientation counsellors in high schools who 5 meet regularly the young people, and they have some 6 interests, and they don't necessarily think about 7 that job. 8 In the past, orientation counsellors 9 would meet during two, three days to talk about 10 orientation. I don't know if that happens now, but 11 that would be a place -- if it still exists, it 12 would be the ideal place to meet and to make people 13 aware of that issue. For many young people, when 14 they choose a career, they are wondering if their 15 job will exist when they will finish the training. 16 And on the Francophone side, in the province they 17 will have a lot of choice to work in because there 18 is employers everywhere in the province. 19 So it is really important that when we 20 will want to start the promotion that we do not 21 only concentrate on the different social media, but 22 we go to the base, we go to the schools, to meet 23 people who are there, and we meet the people who 24 meet the young people in the schools. 25 I really appreciate to hear the work

| 1 | that is done with respect to the new programs. We |
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| 2 | know what Quebec did. They did a blitz to train |
| 3 | within six months. They trained people to become |
| 4 | attendants as fast as possible, but also to |
| 5 | increase the salary. If we want to be attractive |
| 6 | in French or English, the salary has to be there. |
| 7 | It took a pandemic so that we start to |
| 8 | recognize the work from those people with respect |
| 9 | to long-term care homes and with respect to |
| 10 | different care for older people. |
| 11 | And another element that we need to |
| 12 | look at is we have many Francophone immigrants, and |
| 13 | we are working to get more Francophone immigrants. |
| 14 | Often, those people are looking for ways to work, |
| 15 | and if we could try to get to those people when |
| 16 | they get into the country, and if they find a way |
| 17 | to train, and if they can find a job on the |
| 18 | workplace, that is another possibility. |
| 19 | But again, we have to act to talk to |
| 20 | them when they arrive in the country and see how we |
| 21 | could help them and maybe we could see what |
| 22 | training they already have, and we could help them |
| 23 | to get into those jobs. |
| 24 | Thank you. |
| 25 | BRYAN MICHAUD: Thank you, Carol. |

Long Term Care Covid-19 Commission Mtg. Meeting with the Commissioners and Franco Ontarian Organisations on 12/17/2020

1 Do the Commissioners have other 2 questions to address to Kim? 3 COMMISSIONER FRANK MARROCCO (CHAIR): 4 I don't think so. No, I don't think 5 so. 6 BRYAN MICHAUD: Excellent. So we will 7 start the next phase. Carol. Carol talked to us 8 about solutions. Estelle Duchon from the health 9 services planning presented the first solution. 10 ESTELLE DUCHON: Very good. We wanted 11 to come back on the issue of planning of French 12 services for the long-term care, and you asked 13 questions about that. 14 But just to come back on the health 15 models, here we had very nice examples of long-term 16 health care providers who could offer services in 17 French, Hearst or Bruyére. So they do exist. It 18 does not mean that most Francophones these days 19 have access to those services. 20 With respect to long-term care, there 21 are different models. You have, you know, homes 22 where all the environment is in French, and in some 23 communities it is possible because they have the 24 environment from the beginning to the individual, 25 and all these people can speak French.

| 1 | In other sectors, you have other types |
|----|---|
| 2 | of models. We have Anglophone homes that offer |
| 3 | French services for long-term care, and we also |
| 4 | have the Anglophone model that have Francophone |
| 5 | pavilions. For example, the City of Toronto has |
| 6 | Bendale Acres Home that has several floors, and on |
| 7 | those floors there's where there is 37 beds |
| 8 | reserved for French patients and for which all of |
| 9 | the staff is bilingual. |
| 10 | So not all the homes in Toronto are |
| 11 | Francophones, but they could develop a pavilion in |
| 12 | which Francophones could interact because most of |
| 13 | the staff is bilingual. |
| 14 | So we have a continuum that exists, so |
| 15 | it is 100 percent Francophone with alternative |
| 16 | models, and according to the density of population, |
| 17 | they can find services and those different |
| 18 | solutions could be used. |
| 19 | Is it working now? |
| 20 | COMMISSIONER FRANK MARROCCO (CHAIR): |
| 21 | Yes. Mine was always working. |
| 22 | ESTELLE DUCHON: Did you hear the part |
| 23 | on care models, or should I come back to the |
| 24 | several examples of care models? |
| 25 | No? Okay. |

1 So as I was saying, there are different 2 models for long-term care that can be adapted to 3 Francophones, that represent a continuum, so they 4 could go from a home that is French speaking with 5 French governance, French staff, to other models 6 where the facilities could be English-speaking 7 facilities with French services, or Anglophone 8 facilities with a cluster of beds for Francophones. 9 And I was giving the example of a 10 long-term care facility in Toronto that is called 11 In Bendale Acres, there are different wings Acres. 12 or clusters, and it is an Anglophone home but with 13 a French cluster, with 37 beds, and they are 14 prioritized for Francophones. There is priority 15 access for Francophones. They have bilingual staff 16 to take care of patients. 17 So it is important to understand that 18 it is a continuum. We have had very good examples 19 of what can be done in Hearst or at Bruyére for 20 facilities that serve Francophones. 21 Just to create a context for members, 22 in Ontario, as you know, there are 626 facilities,

long-term care facilities, 12 of which are
 designated under the French Language Services Act.
 What does it mean to be designated? It means that

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| 1 | the environment has adapted to Francophones, but |
| 2 | mainly it means that there is a guarantee of |
| 3 | service. So a Francophone resident in that |
| 4 | facility has a guarantee of being served in French, |
| 5 | that staff will be French, that communications will |
| 6 | be in French, that he or she can file a complaint |
| 7 | if need be. |
| 8 | So there are 12 of those. |
| 9 | Beyond that model of designated homes, |
| 10 | there are some and just a few in Ontario of |
| 11 | which are culturally designated under the long-term |
| 12 | care legislation. So they use article 173 of 19.10 |
| 13 | to create priorities for Francophones. That is the |
| 14 | example of Bendale Acres. |
| 15 | So putting those two examples together, |
| 16 | the conclusion is that the offer in Ontario for |
| 17 | structured long-term care is less than 2 percent of |
| 18 | all care, so less than 2 percent are structured to |
| 19 | provide services in French. |
| 20 | If I look at Francophone seniors of |
| 21 | more than 65 years of age, they represent 5.5 |
| 22 | percent of seniors in Ontario. So there is a |
| 23 | shortage in terms of structured services because we |
| 24 | have fewer than 2 percent of facilities for 5.5 |
| 25 | percent of residents. |
| | |

And we know that in some of these
facilities there are not only Francophones because
these facilities continue to get English clients
when there is availability. So we can see the gap,
the shortage.
What does that mean? Well, it means in
all of those facilities, if you are not in a

⁸ Francophone facility or a designated facility, then ⁹ it is -- it depends on the situation. It depends ¹⁰ on coincidence. You know, if the care attendant ¹¹ that comes to see you speaks French or not because ¹² the offer is not structured.

One other thing that we must understand in terms of planning is that -- if we look at where these facilities, fewer than 2 percent are located in Ontario. They are in the northern-eastern province or in the east around Champlain. Eighty percent of these homes are in these two regions.

¹⁹ Today, we know that about 40 percent ²⁰ are Francophone seniors aged 75 or more that are ²¹ outside these areas. So they are in Ontario Centre ²² and south.

²³ So there is a gap overall and ²⁴ geographically there is a huge disparity, which ²⁵ means that overall, if you are an individual in

1 southern Ontario or central Ontario that needs 2 long-term care that are structured and that are in 3 French, it is almost impossible to access because 4 these facilities are not designated under the Act, 5 and they are not prioritized to address Francophone б needs. 7 So beyond a few examples, such as 8 Bendale Acres or Richelieu facilities, in the rest 9 of the territory, as an option for families is do I 10 keep my parent close to me in an English residence 11 where he or she won't be understood and in a 12 situation like COVID I won't even be able to go and 13 see him or her, or do I put him far from where I 14 live but in a home that will be Francophone? 15 So the needs are huge throughout the 16 territory. 17 Perhaps I can move to the following 18 slide, just to continue talking about solutions. 19 So one of the solutions is definitely an increase 20 in the offer of long-term beds, and when I talk 21 about beds, I mean the structure around them as 22 well. So, you know, cultural prioritization of 23 beds, applying the Act in terms of services. 24 Another solution is identifying these 25 Francophone clients and hope placement will be

| 1 | done. Today, the assessment and placement is done |
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| 2 | by[indiscernible]; tomorrow probably by Health |
| 3 | Ontario teams. What you have to understand is that |
| 4 | staff, generally speaking, is not trained to the |
| 5 | impact of language. |
| 6 | So when families have these |
| 7 | conversations on, you know, what placement will I |
| 8 | select, the issue of language is very often not |
| 9 | even raised. |
| 10 | So you are talking about a Francophone |
| 11 | senior with cognitive difficulties, and in the |
| 12 | discussion on his long-term care, the issue of |
| 13 | language will never come up. |
| 14 | In the 2012 Sinha Report, it was said |
| 15 | that 38 percent of respondents overall of families |
| 16 | had no idea of long-term care options that existed |
| 17 | locally. So imagine if you don't even know what |
| 18 | the facilities are locally, you will certainly not |
| 19 | know where you can get French services within these |
| 20 | facilities. |
| 21 | So there is a very important aspect on |
| 22 | how to identify the needs of residents. Do they |
| 23 | need services in French and how? When placement |
| 24 | comes about, can I take into account language |
| 25 | needs, and how can I include that dimension with |
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1 in the life of the community, perhaps, you know, 2 more homes, houses, as opposed to things that look 3 like a hospital. 4 So think about different models and 5 perhaps focus more on the continuum; what happens б before; what can we do differently to make sure 7 that we have in long-term care facilities only 8 those people who absolutely need it, that can 9 access beds, because, I mean, the waiting lists are 10 such that people are always getting a bed late, and 11 that others get the level of support that they need 12 otherwise at a different level. 13 So that means re-invest part of the 14 resources, the engagement, and studies as well in 15 the community. Just to get back to this 16 perspective of language, very often admissions are 17 done because there are no other options. 18 They get to a point where staying home 19 safely is not possible, or perhaps not because it 20 is impossible but because they don't have the 21 necessary support, so then they are hospitalized 22 too early, or they are admitted on the emergency 23 ward repeatedly, and that brings about a transition 24 to long-term care. 25 For those who have cognitive problems,

| 1 | if they are not supported well enough in the |
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| 2 | community, they also end up in a facility when it |
| 3 | is not absolutely required, and they are brought to |
| 4 | a facility prematurely. Given the lack of services |
| 5 | in French, it is clear that for Francophones this |
| 6 | happens even more often. |
| 7 | Because of the lack of support, because |
| 8 | of the lack of understanding, they are |
| 9 | institutionalized too early, prematurely. So it |
| 10 | would be a good thing if we used this opportunity |
| 11 | now to look at the continuum of care from a broader |
| 12 | perspective and if we understood that many deferent |
| 13 | things could be done. |
| 14 | Of course, we have to increase |
| 15 | capacity, but I think that we have to diversify the |
| 16 | offer of options and focus on the community |
| 17 | especially, and from the point of view of |
| 18 | Francophones, right now there are no resources in |
| 19 | the Greater Toronto Area in behaviour support in |
| 20 | French for everything having to do with dementia |
| 21 | |
| | and their caregivers in the community. |
| 22 | and their caregivers in the community. So these are shortages, so these are |
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| 22 | So these are shortages, so these are |

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| 1 | community, not because they are ready or it is the |
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| 2 | time. It is not the time, but there are no other |
| 3 | options. And for Francophones, the options are |
| 4 | fewer and farther between. |
| 5 | So once again, just to add to what |
| 6 | Estelle was saying, if we could take this |
| 7 | opportunity of the pandemic to look at diversifying |
| 8 | the offer of options for aging populations. Thank |
| 9 | you. |
| 10 | KIM MORRIS: I would like to speak to |
| 11 | human resources and complete what I said. I |
| 12 | mentioned earlier that Boréal has different offers, |
| 13 | and what we learned with COVID is that we can |
| 14 | with different software, different technologies, we |
| 15 | can offer remotely a program that is robust and |
| 16 | that is a program of quality for attendants. |
| 17 | We have our regular offer, of course, |
| 18 | right now which starts in September and stretches |
| 19 | over two semesters. We have a pilot with |
| 20 | Kapuskasing, Hearst, and Welland. |
| 21 | The Richelieu Foyer, which is an |
| 22 | accelerated program. The accelerated program |
| 23 | includes 12 weeks of theory, so it is condensed, 12 |
| 24 | weeks of theory with partners, such as homes and |
| 25 | hospitals, care homes. |
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| 1 | We can prepare the students for |
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| 2 | placement, and it is paid placement, internship, |
| 3 | and then they perfect their training. So we have |
| 4 | six who are at the Foyer Richelieu, and in Northern |
| 5 | Ontario, we have 20 registrations. This program is |
| 6 | starting in January. We have more demands for the |
| 7 | program than we had anticipated. Even in Welland, |
| 8 | we have lots of people who would like to take that |
| 9 | expedited program to get to a guaranteed job. |
| 10 | Another offer that we implemented for |
| 11 | January is a hybrid offer, which is part-time. As |
| 12 | I mentioned earlier, I talked about the residential |
| 13 | care aide. These people can work in a care |
| 14 | facility but take training at the same time. |
| 15 | THE INTERPRETER: The screen and sound |
| 16 | just froze. The interpreter can no longer hear the |
| 17 | speaker. |
| 18 | COMMISSIONER FRANK MARROCCO (CHAIR): |
| 19 | We should |
| 20 | THE INTERPRETER: Oh, it is okay. She |
| 21 | is back. |
| 22 | COMMISSIONER FRANK MARROCCO (CHAIR): |
| 23 | All right. The interpreter was having |
| 24 | some difficulty hearing at the end there, which is |
| 25 | why I interpreted. |

1 For the hybrid program, KIM MORRIS: 2 the... 3 [Reporter's Note: No interpretation 4 from French to English being received.] 5 I'm having trouble THE INTERPRETER: 6 hearing. It cuts in and out. 7 COMMISSIONER FRANK MARROCCO (CHAIR): 8 Ms. Morris disappeared off the screen. 9 I hope that was intentional. Mr. Fontaine and I 10 are the only two left. 11 Hello? KIM MORRIS: 12 COMMISSIONER FRANK MARROCCO (CHAIR): 13 Oh, there you are. Hello. 14 KIM MORRIS: I think we are all here. 15 We just disappeared from the screen. I was just 16 saying that I had 40 bursaries of \$1,000 each for 17 the hybrid program, the part-time program starting 18 in January, and unfortunately, I still have 15 19 bursaries that I haven't given out. A thousand 20 dollars, that's nothing to -- I think it is nothing 21 to turn your eye against because we are really 22 hoping to have all those bursaries given out. 23 So once again, it is a matter of 24 promotion, appreciation for the position for that 25 profession.

1 COMMISSIONER FRANK MARROCCO (CHAIR): 2 Okay. 3 BRYAN MICHAUD: Thank you, Kim. You 4 were finished. Kim? 5 Yes. Thank you. KIM MORRIS: Those 6 are the points I wanted to make. Thank you. 7 BRYAN MICHAUD: Mr. Commissioners, 8 Madam Commissioner, did you have any questions? As 9 far as we are concerned, I think this concluded our 10 presentations, unless someone would like to add 11 something, but I think that this is the end of our 12 presentations. 13 I know there is a little bit of time 14 left should you have questions. 15 COMMISSIONER FRANK MARROCCO (CHAIR): 16 Well, I don't think the other 17 Commissioners have questions. So if that is 18 correct, then let me say this was very helpful 19 because so much of what we receive has an English 20 perspective to it, that it is very easy to lose 21 track of this aspect of the continuum of services 22 that are provided, and to lose sight of the fact 23 that -- the linguistic problems and what flows from 24 those problems are matters that we need to keep in 25 mind.

1 And we have had some information before 2 to the effect that the proportion of beds to people 3 wasn't right, but nothing -- nothing on the level 4 of what you have provided, which is a very complete 5 picture or perhaps as complete a picture as was 6 possible in the time frame of the environment in 7 which you are functioning. 8 And on behalf of all of us, I want to 9 thank you for that, and it has been very helpful, 10 at least from my perspective, and I think I speak 11 for the -- I can say from my perspective, it was 12 very helpful, so thank you very much. 13 COMMISSIONER ANGELA COKE: Yes, it was 14 very helpful, appreciate that. 15 COMMISSIONER JACK KITTS: Agreed. Thank you very much. 16 17 COMMISSIONER FRANK MARROCCO (CHAIR): 18 Well, the other thing is someone 19 mentioned to me that you wanted to do a screen shot 20 for your -- so do you want to do that? Unless 21 someone has done it already, but if you have done 22 it already, I would like the opportunity to pose 23 for the screen shot. 24 No, I haven't BRYAN MICHAUD: Yes. 25 took it because it is hard to have all the people

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| 1 | who are looking good at the same time. So if you |
| 2 | want, I will take a screen shot. I invite maybe |
| 3 | the people who are not on their video, if they want |
| 4 | to be in the photo op, to open it. We'll count to |
| 5 | three, and at three, we'll take a good smile, and |
| 6 | we will thank the Commission obviously for your |
| 7 | time on Twitter. It was really important for us. |
| 8 | COMMISSIONER FRANK MARROCCO (CHAIR): |
| 9 | Thank you. |
| 10 | BRYAN MICHAUD: So we will go in one, |
| 11 | two, three[screen shot taken.] |
| 12 | |
| 13 | |
| 14 | Adjourned at 10:42 a.m. |
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| 1 | REPORTER'S CERTIFICATE |
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| 2 | |
| 3 | I, DEANA SANTEDICOLA, RPR, CRR, |
| 4 | CSR, Certified Shorthand Reporter, certify: |
| 5 | That the foregoing proceedings were |
| 6 | taken before me at the time and place therein set |
| 7 | forth; |
| 8 | That all remarks made at the time |
| 9 | were recorded stenographically by me and were |
| 10 | thereafter transcribed; |
| 11 | That the foregoing is a true and |
| 12 | correct transcript of my shorthand notes so taken. |
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| 16 | Dated this 17th day of December, 2020. |
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| 22 | NEESONS, A VERITEXT COMPANY |
| 23 | PER: DEANA SANTEDICOLA, RPR, CRR, CSR |
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| 1 | | CLARIFICATIONS |
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| 2 | | |
| 3 | PAGE/LINE | COMMENT |
| 4 | 9/9 | Replace "entities of French-language |
| 5 | | planning services" to "French Language |
| 6 | | Health Planning Entities" |
| 7 | | |
| 8 | 25/2 | Replace "long-term care health" to |
| 9 | | "Long-Term Care Homes Act" |
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| 11 | 25/19 | Replace "law on Francophone services" |
| 12 | | to "French Language Services Act" |
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| 19 | | |
| 20 | | |
| 21 | | |
| 22 | | |
| 23 | | |
| 24 | | |
| 25 | | |
| | | |

| WORD INDEX | | add 22:11 40:3 | Alison 3:6 | areas 57:21 |
|------------------------------|--------------------------------|-------------------------|-------------------|-------------------|
| | < 6 > | 49:6 50: <i>10</i> , 14 | allocation 23:8 | arrive 52:20 |
| < \$ > | 626 55:22 | 63:5 66: <i>10</i> | allow 11:19 | arriving 8:1 |
| \$1,000 65: <i>16</i> | 64 21: <i>1</i> 7 | adding 40:12 | 25:3, 7 33:24 | article 25:1 |
| | 65 10:2, <i>4</i> 56:21 | additional 37:11 | 43:19 | 56:12 |
| <1> | 67 17:19 | 39:23 | allows 24:24 | asked 7:16 |
| 10:42 68:14 | | address 53:2 | 25:3 | 19:22 53:12 |
| 100 50:6 54:15 | <7> | 58:5 | alternative 54:15 | asking 21:16 |
| 11:00 1: <i>16</i> | 75 57:20 | addressing | amazing 30:20 | 45:9 |
| 12 21:16 22:2 | 79.10 25:2 | 20:2, 3 | ambulatory 27:6 | aspect 33:25 |
| 55:23 56:8 | | Adjourned 68:14 | Analyst 2:12 | 59:21 66:21 |
| 63:23 | < 8 > | admin 17:20 | 3:20 | aspects 22:24 |
| 15 65: <i>18</i> | 80 22:8 | administrative | Angela 2:4 5:7 | 31:6 48:16 |
| 165 10:2 | | 17:18 | 18:15 19:8, 10, | Assemblée 2:10, |
| 170 11: <i>12</i> | < 9 > | administratively | 18 23:6 67:13 | 12 |
| 173 25:2 56:12 | 9/9 70:4 | 18: <i>11</i> | Anglophone | assesses 10:21 |
| 17th 1:15 69:16 | 9:00 1:16 5:1 | Administrator | 20:11, 21 54:2, | assessment |
| 19.10 56: <i>12</i> | | 2:22 | 4 55:7, 12 | 59:1 |
| 198 26:24 | < A > | admissions | Anglophones | assistance |
| | a.m 1:16 5:1 | 61: <i>16</i> | 22:9 28:15 | 10:15 44:1 |
| <2> | 68:14 | admitted 21:18 | anguish 39:25 | Assistant 3:6 |
| 2 56:17, 18, 24 | absolute 37:20 | 61:22 | announcement | 46:2 |
| 57:15 | Absolutely | ado 9:18 | 47:21 | assistants 30:16 |
| 20 17:7 20:5 | 18:20 24:17 | Adriana 3:20 | announcements | assisted 35:9 |
| 64:5 | 37:16 60:17 | advantage 37:8 | 23:13, 19 | associated |
| 200 50:6 | 61:8 62:3 | Affaires 2:14 | anticipated 64:7 | 18:12 |
| 2012 59: <i>14</i> | accelerated | affordable 35:2, | apartments | Association 8:7 |
| 2014 21: <i>16</i> | 63:22 | 4 | 36:22 | assume 20:19 |
| 2018 9:6 11:9 | accept 46:22, 24 | AFO 2:11, 13 | appear 34:12 | 24:14 |
| 2019 10:22 | access 11:9 | 6:9 7:10 10:20 | application | attendant 45:21 |
| 2020 1:16 | 38:14, 20 45:2 | afraid 46:11, 12, | 27:20 28:2 | 46:3 47:13, 17, |
| 46:10 69:16 | 53:19 55:15 | 13 47:8 | applications | 24 48:8, 14, 22 |
| 24 35:14 44:19 | 58:3 61:9 | after 28:22 | 23:10 | 57:10 |
| 240,000 10:2 | account 59:24 | age 56:21 | applied 16:3 | attendants 45:2, |
| 25/19 70:11 | accountability | aged 10:2 | apply 7:21 | 10 46:1 48:13 |
| 25/2 70:8 | 23:24 | 57:20 | 34:24 | 49:8, 10, 12 |
| 27,000 11:7 | achieve 42:6 | agencies 29:1, | applying 58:23 | 50:6 52:4 63:16 |
| 21,000 11.7 | achieved 42:8 | 15 | appreciate 34:4 | attending 1:15 |
| < 3 > | acknowledge | agency 29:4 | 50:22 51:25 | attract 50:25 |
| 3,400 11: <i>10</i> | 19:5 | 50:5 | 67:14 | attracting 49:21 |
| 32 9:10 | Acres 36:5 | ages 9:1 15:2 | appreciated | attractive 46:8 |
| 37 11:9 54:7 | 54:6 55:11 | aging 10:21, 23 | 48:22 | 52:5 |
| 55:13 | 56:14 58:8 | 15:2, 10 35:6 | appreciates | availability 57:4 |
| 38 59:15 | Act 11:7 52:19 | 40:14 41:19 | 33: <i>11</i> | available 10:11 |
| | 55:24 58:4, 23 | 48:17 60:15 | appreciation | 29:14 34:10 |
| < 4 > | 70:9, 12 | 63:8 | 65:24 | 40:16 |
| 4 2:19 | activities 7:22 | ago 23:14 45:7 | approach 36:11 | average 10:5 |
| 40 35:2 57:19 | 16:9 | Agreed 67:15 | 40:4, 20 42:11 | 11: <i>11</i> |
| 65:16 | acute 35:22 | ahead 6:2 | approaches | aware 51:13 |
| | adapt 20:13 | 50:15 | 50:5 | |
| < 5 > | 39:11 | aide 47:11, 15 | approvals 27:16 | < B > |
| 5 22:18 | adaptations | 64: <i>13</i> | approved 28:2 | back 5:19 |
| 5.5 56:21, 24 | 33:15 | aides 47:6 | Area 11:8 | 10:18 12:17 |
| 50 10:1 36:7 | adapted 55:2 | aînés 2:17 | 41:13 62:19 | 15:3 35:20 |
| | 56: <i>1</i> | | | 46:6 48:20 |
| | 30.7 | | | +0.0 40.20 |

| 53: <i>11, 14</i> 54:23 | biggest 21:12 | call 29:4 30:16 | 15: <i>19</i> , 22 16: <i>11</i> , | 34:1 37:21 |
|--|----------------------------------|---------------------------------------|---|---|
| 60:6 61: <i>15</i> | 28:10 | 47:5 | 23 35:25 39:25 | 38:20 39:1, 12, |
| 64:2 <i>1</i> | bilingual 6:16 | Callaghan 3:12 | 42:19, 24 43:17 | 19, 23 41:12 |
| Barbara 2:20 | 19:24 22:22 | called 55:10 | 62:21 | 45:1, 16 49: <i>4</i> , 18 |
| 8:14 34:15, 17, | 24:3, 21 26:19 | campaign 50:25 | Carol 2:10 | challenges 9:17 |
| 18 42:9 60: <i>4</i> , 5 | 28:13 29:7, 25 | campaigns | 5:23 6:9, 20, 22, | 11:20 27:11 |
| Barrie 23:16 | 49:11 54:9, 13 | 48: <i>12</i> | 23 9:22 11: <i>1</i> | 28:11 30:3 |
| base 51:3, 22 | 55:15 | campuses | 14:25 50:9, 13, | 31:18, 22, 25 |
| | | 44:10 50:12 | | |
| based 10:13 | bilingual- | | 15, 16 52:25 | 40: <i>11</i> , <i>1</i> 3 45: <i>1</i> 8 |
| 27:23 | qualified 20:7 | Canada 20:9 | 53:7 | Champlain |
| basic 16:24 | bilinguals 45:3 | capable 42:15 | carry 26:6 | 57:17 |
| 29:8 47:22 | bit 25:11 40:20 | capacity 8:25 | 31: <i>13</i> | change 42:11 |
| basis 33:10 | 43:5 44:10 | 14:6 15:10 | case 32:5 46:23 | 60:23 |
| 34:2 45:18 | 66: <i>13</i> | 40: <i>10</i> , <i>12</i> , <i>19</i> | cases 36:19 | Chartrand 2:25 |
| BAXTER 50:15 | blitz 52:2 | 62:15 | 47:12 | 8:10 26:8 |
| bed 11: <i>10</i> , <i>12</i> | Boréal 2:24 | CARE 1:7 3:7, | catastrophic | chef 5:22, 23 |
| 23:7, 25 24: <i>4</i> , <i>5</i> , | 8: <i>1</i> 7 18:2 <i>1</i> | 8, 10, 12, 14, 16, | 38:2 | Choconta 3:20 |
| 9, 12, 16 25:17 | 44:2, 5, 6, 12, 23 | 19, 21 6:15, 18 | category 47:5, | choice 36:5 |
| 61: <i>10</i> | 47:25 49:8 | 7: <i>15</i> , 25 8:2, 3, | 14 | 51: <i>17</i> |
| beds 11:9 | 50:22 63: <i>12</i> | 9, 10, 18, 19 9:7 | caused 9:15 | choices 43:8, 9 |
| 17:20 21:4, 8, 9, | break 30:23 | 11:9, 24 13:7, | CCAC 44:13 | choose 28:19 |
| 15, 16, 22, 25 | brief 6:7 | 22 14:3, 9, 24 | Ceccarelli 2:20 | 46:4 51:14 |
| 22:2, 4, 15, 19 | briefly 9:24 | 15:7 16: <i>4</i> , 25 | 8:14 34:18 | CICan 47:22 |
| 23:10, 15, 20, 21, | bring 29:18 | 21:20 22:16, 23 | 42:9 60:5 | Cité 44:7 |
| 23 24:2 25:3, 4, | 30:21 40:18 | 24:20 25:2 | center 45:2 | City 54:5 |
| 5, 16 26:24 | 42:21 43:5 | 26:9, 15, 18, 25 | central 58:1 | CLARIFICATION |
| 27:17 28:7 | 44:17 | 27:6, 19, 20, 24 | Centre 2:20 | S 70:1 |
| 35:21, 22 40:12, | brings 61:23 | 28:24 29:24 | 21:20 35:1 | classes 19:1 |
| 16 49:6 54:7 | broader 62:11 | 30:25 31:1, 3, 5, | 44:13 46:14 | 49:24 |
| 55:8, 13 58:20, | broken 39:3 | 7, 19, 21, 23 | 57:21 | Classroom 50:1 |
| <i>21, 23</i> 61:9 67:2 | brought 62:3 | 33:23, 24 34:6, | Centres 8:15 | clear 23:20 |
| began 21:3 | Bruyére 2:25 | 22 35:15, 22 | 11:6 44:9 | 24:8 62:5 |
| beginning 18:8 | 3:1 8:10 23:4 | 36:2, 10, 15 | CEO 8:10 | Clearly 41: <i>11</i> |
| 25:24 53:24 | 26:9, 16, 17 | 38:21 39:2, 3, 9, | certain 32:15 | 60: <i>19</i> |
| | | | | client 42:10 |
| behalf 67:8 | 27:3, 4, 18 | 20, 22 40:6, 7, | certainly 33:2 | |
| behaviour 62:19 | 53:17 55:19 | 22 41:4, 5 42:3, | 59: <i>18</i> | 43:7, <i>8</i> , <i>1</i> 7 |
| behavioural | Bryan 2:12 | 24, 25 43:2, 10 | | clients 28:17 |
| 16: <i>18</i> | 5:24 6:3, 23, 25 | 46:19, 22, 24 | 69:1 Contification (0):1 | 35:21 36:7, 22 |
| believe 48:24 | 19:4 23:3, 11 | 47:6, 11, 14 | Certified 69:4 | 37:18, 25 38:23 |
| Bendale 36:5 | 26:7 34:14 | 48:2 49:9 50:3, | certify 69:4 | 39:14, 20 42:18, |
| 54:6 55:11 | 43:24 50:9, 13 | 4 52:9, 10 | cetera 30:19 | 21 57:3 58:25 |
| 56:14 58:8 | 52:25 53:6 | 53:12, 16, 20 | 38:15 | 60:1 |
| benefit 27:7, 25 | 66:3, 7 67:24 | 54:3, 23, 24 | CHAIR 5:3, 25 | clinical 41:6 |
| 38:8 | 68:10 | 55:2, 10, 16, 23 | 19:20 20:16, 25 | 46:19 |
| benefits 7:2 | build 18: <i>18</i> | 56:12, 17, 18 | 24:10 25:9, 21 | close 36:3 |
| better 27:13 | 31:9 | 57:10 58:2 | 26:4, 12 34:11 | 41:20 42:25 |
| 33:20 60:25 | building 35:9 | 59:12, 16 60:12 | 41:25 43:21 | 58:10 |
| Bianchi 3:8 | 38:14 | 61:7, 24 62: <i>11</i> | 49:15 53:3 | closely 41:6 |
| big 12: <i>12</i> | bursaries 65: <i>16</i> , | 63:25 64:13 | 54:20 64:18, 22 | cluster 55:8, 13 |
| 19: <i>15</i> 22: <i>12</i> , 2 <i>1</i> | 19, 22 | 70:8, 9 | 65: <i>7</i> , <i>12</i> 66: <i>1</i> , | clustered 39:17 |
| 26:25 28:14, 18, | busy 31:12 | career 46:5 | 15 67:17 68:8 | clusters 55:12 |
| 20 29:23 45:1 | by[indiscernibl | 49:2 <i>1</i> 51: <i>14</i> | challenge 17: <i>10</i> , | cognitive 16:17 |
| 49:11 | e 59:2 | caregiver 12:3 | 21 22:13, 14, 21 | 35:24 37:25 |
| bigger 47:10 | | caregivers | 28: <i>18</i> , 20 30:6 | 38:5 41:3 |
| 50:23, 24 | < C > | 10:15 12:20 | 32:6, 21 33:8 | 59: <i>11</i> 61:25 |
| | | | | |

| coincidence | Commissioners | conclusion | country 52: <i>16</i> , | day-to-day 16:8 |
|---|--|-----------------------------------|----------------------------------|---|
| 57:10 | 5:6 6:6 9:23 | 56: <i>16</i> | 20 | 34:2 37:5 |
| Coke 2:4 5:7 | 34:19 53:1 | condensed | courage 60:11 | de 2:10, 11, 12, |
| 18: <i>15</i> 19: <i>8</i> , <i>10</i> , | 66:7, 17 | 63:23 | course 34:9 | 13, 17, 23 17:6 |
| 18, 22 23:6 | common 36:24 | conditions | 36:3 39:4 | deal 17:17 |
| 67:13 | communicate | 24:24 46:7 | 41: <i>10</i> , 23 62: <i>14</i> | 32:22 |
| colleagues | 9:3 12:2 14:2, | 49:2 <i>0</i> , 23 | 63:17 | dealing 15:6 |
| 41:11 | 9, 15 15:8 16:6 | conducive 49:20 | court 5: <i>11</i> | Dean 8: <i>16</i> 44: <i>4</i> , |
| college 47:8 | 20:18 32:25 | Confederation | 18:23 | 12 |
| Collége 44:5, 6 | 33:9 | 10:9 | cover 44:8 | Deana 3:24 |
| Collège 2:24 | communicated | consequences | COVID 8:20 | 69:3, 23 |
| 8:17 18:21 | 11:21 12:7 | 15:13 | 9:17 14:22 | deans 44:19 |
| 44:1, 12, 23 | communicating | contact 16:23 | 17:23 30:12 | December 1:16 |
| colleges 44:7, | 15:22 16:2 | context 13:20 | 32:12 36:19 | 69:16 |
| 24 45:12, 18 | 38:11 | 15:14, 25 35:19 | 46:15 58:12 | decide 46:6 |
| 46:9 | communication | 55:21 | 63:13 | defend 42:18 |
| come 32:18 | 14:5 16:5, 15, | continue 19:5 | COVID-19 1:7 | deferent 62:12 |
| 45:8, 23 53:11, | 24 33:1 | 23:4 37:23 | 13:2 15:13 17:3 | deficit 22:19 |
| 14 54:23 59:13 | communications | 57:3 58:18 | crazy 17:11 | definitely 21:24 |
| 60:6 | 18:9 33:10 56:5 | 60:15 | create 5:12 | 25:23 58:19 |
| comes 16:7 | communities | continued | 40:24 55:21 | degenerative |
| 30:11 57:11 | 6:17 35:3 53:23 | 38:11, 23 | 56:13 | 9:2 |
| 59:24 | community | continuing 26:9 | created 8:21 | demand 9:11 |
| coming 5:5 | 8: <i>1</i> 3 10: <i>11</i> , <i>1</i> 2 | 27:4 | 18:4 25:25 | demands 24:1 |
| 24:22 32:9 | 17:15 20:23 | continus 2:25 | 39:23 | 64:6 |
| commencing | 27:6 35:11, 23 | 3:2 26:16 | creates 9:4 | dementia 9:2, 8 |
| 5: <i>1</i> | 36:8 41:7 43:3 | continuum 39:2, | 15:14 31:22 | 15:5 62:20 |
| comment 47:4 | 44:13 45:18 | 3 40:7 41:5, 19 | crisis 29:6 | density 54:16 |
| 70:3 | 48:7 60:25 | 42:3, 14 43:6, | 36:13 39:6, 8 | depends 57:9 |
| comments | 61:1, 15 62:2, | 10 54:14 55:3, | 45:3, 5, 6, 14 | depressed 12:12 |
| 10:16 26:22 | 16, 21 63:1 | 18 61:5 62:11 | 48:20 | depression |
| 44:22 | COMPANY | 66:21 | CRR 69:3, 23 | 14:14 17:24 |
| COMMISSION | 69:22 | control 33:17, | CSR 69:4, 23 | Deputy 3:6 |
| 1:7 3:7, 8, 10, | compared | 21, 25 36:21 | cultural 58:22 | Derek 3:16 |
| 12, 14, 17, 19, 21 | 11: <i>11</i> 34:7 | conversations | culturally 56:11 | des 2:16, 17, 22 |
| 5:9 7:9, 14 | compassionate | 59:7 | culture 14:12 | 8:11 17:6 |
| 9:13, 22 10:24 | 31: <i>1</i> | conveying 15:23 | cultures 30:5 | designated 11:6 |
| 31:2 41:23 | complaint 56:6 | cooperation | current 23:7 | 26:20 55:24, 25 |
| 45:20 68:6 | complaints | 36: <i>4</i> | cuts 65:6 | 56:9, 11 57:8 |
| Commissioner | 24:22 | coordination | | 58:4 |
| 2:3, <i>4</i> , 5 5:3, 7, | complete 63:11 | 43: <i>12</i> | < D > | designation |
| 2.3, 4, 5 5.3, 7, 25 9:6 18:15 | 67: <i>4</i> , 5 | coordinator | d'accueil 2:21 | 28:25 |
| | completely | 42:22 43: <i>4</i> , 16 | 35: <i>1</i> | desire 28:7 |
| 19: <i>8, 10, 18, 20,</i> 22 20: <i>16,</i> 25 | 13: <i>19</i> 38: <i>6</i> | - | daily 38:12 | detail 11:16 |
| - | complicated | coordinators 42:12 | Dame 18:6 | details 13:1 |
| 21:1, 2 22:1, 10 | 26: <i>1</i> | | 21: <i>19</i> | 41:9 |
| 23:1, 6 24:10 | | corporation 27:9 correct 33:23 | | |
| 25:9, 21 26:4, | concentrate | | Dated 69:16 Dawn 3:18 | deteriorating 15:24 |
| 12 34:11, 19 | 51:21 | 66:18 69:12 | | |
| 41:25 43:21 | concern 29:23 | Cote 3:25 | day 1:15 6:24 | |
| 49:15, 17 50:8 | 30: <i>14</i> | Counsel 3:8, 10, | 31:3 34:18 | 12:8 |
| 53:3 54:20 | concerned 66:9 | 12, 14 | 35:15 45:20 | develop 10:11 |
| 64: <i>18</i> , 22 65:7, | concerns 15:23 | counsellors | 69: <i>16</i> | 22:24 27:19 |
| 12 66:1, 8, 15 | 33:7, <i>16</i> | 51: <i>4</i> , 8 | days 45:2 | 54: <i>11</i> |
| 67:13, 15, 17 | concluded 66:9 | count 68:4 | 46:23 51:9 | developed |
| 68: <i>8</i> | • | counter 30:14 | 53:18 | , |

| 10:20 38:13 | 40:20 63:7 | en 5:22, 23 | examples 53:15 | fall 14:20 |
|---|-----------------------------------|---|-----------------------------|---|
| Diaz 3:20 | doctor 42:25 | enabler 43:11 | 54:24 55:18 | 46:10, 17 |
| die 17:23 | document | encourage | 56:15 58:7 | falls 14:16 |
| 46:13, 14 | 10: <i>19</i> , 23 | 37: <i>16</i> | Excellent 53:6 | families 8:22 |
| died 17:24 | documents | | exclusively | 10:17 11:17, 18, |
| differences | 38: <i>19</i> | engagement 61: <i>14</i> | 36:1 37:13 | |
| | | - | | 21 12:6, 7, 15 |
| 34:23 | doing 5:14 | English 13: <i>15</i> , | exclusivity 37:6 | 28:15 29:20 |
| different 6:17 | dollars 47:21 | 17, 18 15:8 | Executive 2:19 | 33:4 37:19 |
| 20:23 30:9 | 65:20 | 18:9 20:13 | 6:10 | 38:12 39:10 |
| 34:6 36:21 | Donskov 3:1 | 26:19 28:14 | exist 27:12 | 46:16 58:9 |
| 40:25 42:16 | 26:10, 14, 15 | 30:4 32:14, 18 | 51:15 53:17 | 59:6, 15 60:1 |
| 47:1 49:4 | doubles 49:3 | 38:18 52:6 | existed 9:17 | family 10:15 |
| 50:20 51:21 | double-whammy | 57:3 58:10 | 11:2 59:16 | 11:25 12:2, 3, |
| 52:10 53:21 | 22:5 | 65:4 66:19 | existing 26:2 | 10, 11, 17, 19, 21 |
| 54:17 55:1, 11 | Drummond 3:6 | English- | exists 14:22 | 15: <i>19</i> , <i>21</i> 16: <i>11</i> , |
| 60:2 <i>1</i> 61: <i>4</i> , <i>1</i> 2 | Duchon 2:19 | speaking 11:15 | 51: <i>11</i> 54: <i>14</i> | 12, 23 20:17 |
| 63:12, 14 | 12:24, 25 22:10 | 55:6 | expected 16:20 | 35:25 37:22, 24 |
| differently 61:6 | 23:11 24:17 | enrolment 46:17 | expedited 64:9 | 39:24 42:23, 24 |
| difficult 9:3 | 25: <i>18</i> , 23 53: <i>8</i> , | Entité 2:19 | experience 7:5 | fantastic 32:13 |
| 12:2 <i>1</i> 15: <i>15</i> | 10 54:22 | entities 8:8 | 25:12 26:23 | FARFO 2:18 |
| 16:22, 24 20: <i>14</i> , | duties 31:13 | 70: <i>4</i> , 6 | expertise 27:8 | 6:10 9:20 10:10 |
| 17 49:5 60:23 | | entrance 38:15 | 28:4 | farther 63:4 |
| difficulties 8:21 | < E > | environment | explain 29:3 | fast 52:4 |
| 16: <i>1</i> 7 19:2 | earlier 15:18 | 11: <i>15</i> 13: <i>10</i> , <i>13</i> , | 30:2 32:20 | faster 32:8 |
| 20: <i>1</i> , 3 41:3 | 27:16 63:12 | 19, 23 25:6 | explained 14:18 | federal 47:20 |
| 59: <i>11</i> | 64: <i>12</i> | 53:22, 24 56:1 | exploded 45:13 | Fédération 2:16 |
| difficulty 16:1 | early 61:22 | 67:6 | exploding 40:15 | feed 30:18 |
| 29:3 38:1 64:24 | 62:9 | equilibrium | exponentially | feedback 31:16 |
| dimension 59:25 | easier 37:1 | 41: <i>14</i> | 40:15 | feeding 24:13 |
| directing 42:6 | east 26:24 | equipment | express 21:14 | feel 14: <i>10</i> , <i>12</i> |
| directly 14:19 | 27:20 57:17 | 18: <i>12</i> | extra 33:13 | 37:15 |
| 45:23 | easy 43:13 | especially 10:4 | extremely 10:16 | feeling 11:22 |
| Director 2:16, | 66:20 | 11:23 16:22 | eye 65:21 | 14:7 |
| 19, 20 3:16, 18 | educated 10:5 | 36:4 37:24 | | felt 16:2 |
| 6:10 8:6, 11, 14 | education 32:3, | 38:10 39:14 | <f></f> | fewer 56:24 |
| 26:15 34:20 | 7 | 40:1, 13 41:3 | face 38:25 | 57:15 63:4 |
| 43:5 | educators 32:4 | 62:17 | facilities 15:7 | fields 6:15 |
| disappeared | effect 67:2 | Estelle 2:19 | 16: <i>4</i> , 25 31:22 | file 56:6 |
| 65:8, 15 | efficient 43:20 | 12:24 22:10 | 33:15 34:5, 7 | files 29:21 |
| discussion | Eighty 37:3 | 23:11 24:17 | 40:2, 6 55:6, 7, | finally 8:15 |
| 11: <i>18</i> 59: <i>1</i> 2 | 57:17 | 25:18, 23 53:8, | 8, 20, 22, 23 | find 9:2 17:8 |
| discussions | elaborate 11:19 | 10 54:22 60:6 | 56:24 57:2, 3, 7, | 20:6 52:16, 17 |
| 47:20 | element 52:11 | 63:6 | 15 58:4, 8 | 54:17 |
| disease 15:9 | elements 8:19 | event 7:13 | 59:18, 20 60:2, | finding 31:23 |
| diseases 9:2, 9 | eligible 36:9, 14 | everybody | 12, 13, 25 61:7 | 41:11 |
| disparity 57:24 | emergency | 30:11 33:11 | facility 13:24 | fine 30:1 32:23 |
| disposal 5:20 | 61:22 62:23 | 44:3 | 33:24 34:22 | finish 51:15 |
| disproportion | emphasize | evolves 13:11 | 36:3, 10, 16 | finished 66:4 |
| 25:16 | 10:14 | exacerbated | 39:23 55:10 | floor 6:20, 22 |
| distancing 33:18 | employee 18:3 | 8:20 11:23 | 56:4 57:8 62:2, | 9:19 60:4 |
| distress 16:11 | employees 18:5 | exactly 34:25 | 4, 25 64:14 | floors 54:6, 7 |
| diversified 10:3 | 22:7, 8 33:3 | example 32:11, | fact 12:14 18:2 | flows 66:23 |
| diversify 62:15 | employer 18:4, 6 | 20 43:3 54:5 | 37:25 66:22 | focus 31:6 |
| diversifying | employers 51:18 | 55:9 56:14 | Faculty 2:24 | 42:10 61:5 |
| | | | 8:16 | 62:16 |
| | | | 0.70 | 32.70 |

Long Term Care Covid-19 Commission Mtg. Meeting with the Commissioners and Franco Ontarian Organisations on 12/17/2020

| follow 5:13 | 11, 23 13:3 | 15:2 <i>1</i> | groups 7:24 | 55:19 63:20 |
|--|-----------------------------------|-------------------------|----------------------------------|----------------------------------|
| 21:3 | 23:17 25:4, 5 | funding 24:1 | 44:23 | Held 1: <i>14</i> 17:7 |
| following 7:24 | 27:22 41:17 | furthermore | guarantee 56:2, | Hello 26:10 |
| 15:17 58:17 | 49:2, 3 53:18 | 29:16 | 4 | 44:3 65:11, 13 |
| follow-ups 38:9 | 54:11, 12 55:3, | future 40:4 | guaranteed 64:9 | help 7:21 16:7 |
| Fontaine 2:16 | 8, 14, 15, 20 | 46:12 | guaranteeing | 19:16 28:15 |
| 6:9 8:5 9:19, | 56:1, 13 57:2 | | 42:16 | 29:6 30:15, 18 |
| 21 65:9 | 62:5, 18 63:3 | < G > | guests 8:22 | 43:13 52:21, 22 |
| food 43:3 | francophonie | gap 40:16 57:4, | guide 43:7 | helped 36:25 |
| foregoing 69:5, | 2:11, 13 | 23 | guideline 18:2 | helpful 18:7 |
| 11 | Frank 2:3 5:3, | gaps 40:9, 10 | guiding 43:7 | 30:20 66:18 |
| foremost 13:8 | 5, 25 19:20 | General 8:6, 11, | Guy 2:25 8:9 | 67:9, 12, 14 |
| forget 13:6 | 20:16, 25 24:10 | 15 34:20 48:5 | 23:4 26:8 | helping 43:8 |
| 16:1 | 25:9, 21 26:4, | generally 59:4 | | helps 30:23, 24 |
| format 32:8 | 12 34:11 41:25 | geographically | < H > | Heritage 2:21 |
| 41:16 | 43:21 49:15 | 57:24 | half 9:6 | 8:15 34:20 |
| forth 69:7 | 53:3 54:20 | Gilles 2:16 6:9 | Hanako 4:1 | Héritage 35:1 |
| Foyer 2:22 | 64:18, 22 65:7, | 8:5 9:19, 20, 21 | hand 12:22 | hesitate 41:24 |
| 8:11 17:6 49:6 | 12 66:1, 15 | 14:13 15:18 | happened 60:9 | high 31:20 |
| 63:21 64:4 | 67:17 68:8 | 16: <i>10</i> | happening 23:8 | 45:23 51:4 |
| fragile 41:14 | Fréchette 2:14 | give 6:19 9:19 | 29:22 | higher 14:14 |
| frame 67:6 | free 35:20 | 37:12 60:3 | happens 51:10 | 47:18 |
| framework | French 9:5 | given 37:24 | 61:5 62:6 | highlighted |
| 60:12 | 12:2, 5 13:24 | 42:7 62:4 | hard 20:6 | 33:19 40:8 |
| FRANCO- | 17:12, 13 18:10 | 65:19, 22 | 41:18 67:25 | Hill 23:15 |
| ONTARIAN 2:9 | 20:11, 12, 22, 24 | giving 41:21 | head 42:5 | hire 20:11 |
| Franco- | 22:8 24:22, 23 | 55:9 | heads-up 45:9 | historically |
| Ontarians 8:6 | 25:8 26:19 | good 5:4 6:24 | health 8:13, 16 | 19:23 |
| Francophone | 27:2 28:13 | 12:24 23:17 | 12:9, 13 13:4 | hold 12:22 |
| 6:17 7:16, 21 | 29:8, 12, 17 | 34:13, 18 39:3, | 14:3, 13 15:22 | 36:13 |
| 8:21 9:14 | 30:13 32:1, 2, 3, | 12 43:16, 24 | 17:25 18: <i>1</i> | home 13:9, 25 |
| 10:2 <i>1</i> 11: <i>14</i> , <i>1</i> 8 | 19 35:8 36:1 | 53:10 55:18 | 25:2 26:16 | 23:25 26:25 |
| 13:9, 14, 18, 21, | 37:19 38:12 | 62:10 68:1, 5 | 38:5 41:5, 7 | 27:1 <i>4</i> , 20 30:4 |
| 22 14:23 16:4 | 44:6, 18 50:25 | governance | 42:11, 16, 22 | 35:10, 17, 20 |
| 17:14 20:23 | 52:6 53:11, 17, | 55:5 | 43: <i>13, 17</i> 44: <i>4</i> , | 37:17 38:23 |
| 21:4, 6, 9, 15, 25 | 22, 25 54:3, 8 | government | 19 45:8 47:6, | 48:17 49:9 |
| 22:3, 7, 17 | 55:4, 5, 7, 13, 24 | 10:13 22:23 | 11, 14 48:2 | 50: <i>4</i> 54:6 55: <i>4</i> , |
| 23:10, 15, 20, 21, | 56:4, 5, 6, 19 | 23:9 24:8 | 53:8, 14, 16 | 12 58:14 60:16, |
| 23, 25 24:2, 4, 5, | 57:11 58:3 | governments | 59:2 70:6, 8 | 17 61:18 |
| 9, 19 26:21 | 59: <i>19</i> , 23 62: <i>5</i> , | 23:19 | hear 9:13, 14 | homes 22:16, |
| 27:13, 17, 23, 25 | 20 65:4 70:5, 12 | grade 45:25 | 19:6, 7, 9, 11, 12 | 23 23:14 25:6 |
| 28:5, 12, 25 | French/English | grandparents | 26: <i>11</i> 51:25 | 27:12 28:24 |
| 29:25 30:7 | 3:25 4:1 | 20:19 | 54:22 64:16 | 30:10 46:19, 22, |
| 33:12 34:5 | French-language | Great 6:4 | heard 15:20 | 24 47:1 48:2 |
| 35:6 37:7, 8 | 7:2 8:2, 8 70:4 | 11:14 12:19 | 31:15 45:19 | 50:3 52:9 |
| 49:11 51:16 | French-speaking | 17:17 32:22 | hearing 60:18 | 53:21 54:2, 10 |
| 52:12, 13 54:4, | 6:15 7:9 17:9 | 41:22 | 64:24 65:6 | 56:9 57:18 |
| 15 56:3, 20 | 18: <i>19</i> 19:25 | Greater 11:8 | hearings 15:20 | 61:2 63:2 <i>4</i> , 25 |
| 57:8, 20 58:5, | frequently 14:20 | 35:7 41:12 | Hearst 2:23 | 70:9 |
| 14, 25 59:10 | froze 64:16 | 62: <i>19</i> | 8:12 17:6, 13 | Honourable 2:3 |
| 70: <i>11</i> | full 6:21 41:15 | greatly 38:7 | 18:21 19:16 | hope 7:20 |
| francophones | full-time 37:12 | group 7:11 | 20:10, 22 21:7, | 26:11 27:24 |
| 2:17 7:12, 20 | functioning 67:7 | 39:13 44:19 | 19 22:20 44:25 | 36:19 58:25 |
| 8:2 9:8, 16 | fundamental | 45:9 | 49:10 53:17 | 65:9 |
| 10:2, 22 11:7, | | | | hoping 65:22 |

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| | 1 • | | | |
|----------------------------------|--|-------------------------------|-------------------------------------|---------------------------------|
| Hospital 18:6 | importance | 13 40:6 60:25 | 18:20 19: <i>1</i> , <i>14</i> | law 24:19,23 |
| 21:19, 22 27:5 | 10: <i>15</i> 13: <i>4</i> , <i>21</i> , | intentional 65:9 | 20:4, 20 21:13 | 70:11 |
| 35:16 38:21 | 22 | interact 14:11 | 22:6 27:1 | Lead 2:3 |
| 61:3 | important 10:16 | 54:12 | 28:10, 19 44:25 | leaders 7:14, 23 |
| hospitalized | 13:7 28:6 31: <i>4</i> , | interacting | John 3:12 | 9:14 |
| 61:2 <i>1</i> | 8, 16 33:3, 7 | 15: <i>10</i> | Jolin 2:10 5:23 | leadership 43:11 |
| hospitals 31:21 | 34:22 43:9 | interactions | 6:9, <i>20</i> , <i>23</i> 50:9, | leading 5:16 |
| 34:7 35:21 | 51:19 55:17 | 13:16, 17 31:9 | 13, 16 | learned 63:13 |
| 38:10 42:22, 23 | 59:21 68:7 | interested | Juge 5:22, 23 | leave 35:16 |
| 48:2 63:25 | impose 37:20 | 18: <i>16</i> 46: <i>1</i> | | 37:14 |
| hours 31:3 | impossible 58:3 | interests 51:6 | < K > | left 65:10 66:14 |
| 35:14 37:11 | 61:20 | internship 64:2 | Kapuskasing | legislation 56:12 |
| houses 61:2 | improve 12:16 | interpretation | 49:9 63:20 | lens 7:16, 21 |
| housing 35:2, 4, | incentives 45:11 | 6:3 18:24 65:3 | Kate 3:10 | Lett 3:16 |
| 9, 13 36:8 | include 59:25 | interpreted | key 42:12 | level 28:22 |
| HR 17:8 | includes 63:23 | 64:25 | keys 48:25 | 45:6 47:8, 20 |
| huge 14:6 17:9 | including 8:3 | Interpreter 3:25 | Kim 2:24 8:16 | 48:21 49:13 |
| 38:4 57:24 | increase 14:16 | 4: <i>1</i> 18:25 19:6, | 44:1, 3 50:1, 10 | 61: <i>11</i> , <i>1</i> 2 67:3 |
| 58:15 | 30:8 31:8 | 7, 9, 12, 13 | 53:2 63:10 | life 12:23 |
| human 44:15 | 40:17 52:5 | 64:15, 16, 20, 23 | 65:1, 11, 14 | 60:16 61:1 |
| 63: <i>11</i> | 58:19 62:14 | 65:5 | 66: <i>3</i> , <i>4</i> , 5 | limit 18:7 47:1 |
| hundred 13:13 | increased 9:10 | interventions | kind 22:4 | limited 38:15 |
| 35:8 | increasing 9:11 | 39:15 | 36:20 40:25 | 41:16 |
| hurry 31: <i>12</i> | 40:12, 19 | introduced 8:5 | kinds 40:9 | limits 32:4 |
| hybrid 64:11 | indicated 12:8 | invitation 9:23 | Kitts 2:5 5:8 | linguistic 9:15 |
| 65:1, 17 | indicating 11:4 | invite 68:2 | 21:1, 2 22:1 | 30:22 66:23 |
| • | individual 13:9, | invited 7:23 | 23:1 49:16, 17 | link 7:13 |
| | 10 14:23 36:22 | isolate 38:6 | 50:8 67:15 | lists 61:9 |
| Ida 3:8 | 47:23 53:24 | isolated 12:5 | knows 43:7 | live 13:24 16:8 |
| idea 40:19 | 57:25 | 14:11, 12 16:2 | | 20:24 35:10 |
| 43:12 59:16 | individuals 14:8, | isolation 11:22 | <l></l> | 58: <i>14</i> |
| 60:7 | 14, 20 15:1, 2, 7 | 14:7 16:11 | la 2:10, 12 44:7 | lived 7:4, 5 |
| ideal 51:12 | 16:16 17:4 | 30:15, 23 37:20 | lab 50:1 | lives 37:5 42:25 |
| Ideally 42:13 | 25:7, 25 38:12 | 38: <i>1</i> , 3 | lack 14:5 17:12 | living 35:9 |
| identified 11:10 | 62:23 | issue 15: <i>18</i> | 20:8 21:24 | 60:25 |
| identify 59:22 | infection 33:17, | 23:18 32:25 | 62: <i>4</i> , 7, 8 Lacroix 2:22 | loads 37:12 |
| identifying | 21, 25 37:1 | 48:15, 18 50:16 | | locally 59:17, 18 |
| 58:24 | inform 10: <i>10</i> information | 51:13 53:11 | 8:11 17:5 | located 57:15 |
| illustrate 11:20 | 32:16 33:4 | 59:8, 12 | 18:20 19:1, 14 | long 25:12, 15, |
| imagine 16:2 59: <i>17</i> | 32:16 33:4 38:17 67:1 | issues 6:16 29:17 | 20: <i>4</i> , 20 21:13 22:6 | 18 26:3 48:18, 19 |
| immigrants | informed 12:6 | 23.17 | laddering 48:4 | longer 11:25 |
| 52:12, 13 | infrastructure | < J > | language 9:1, 5 | 12:4, 5, 10, 14 |
| impact 7:3 | 33:22, 23 36:21 | Jack 2:5 5:8 | 13:4 14:3, 4, 12, | 14:9 16:5, 12, |
| 11:3, <i>1</i> 7 12: <i>1</i> 2, | insist 8:24 | 21:2 22:1 23:1 | 15 15:4, 11 | 13, 19, 20 17:1 |
| 15 13:2 14:4, 6, | instance 14:6 | 49:17 50:8 | 16:6 29:17 | 64:16 |
| 13, 20 16:15, 17, | 32:15 | 67:15 | 41:18 44:7 | LONG-TERM |
| 18 17:3 38:4 | institution | January 64: <i>6</i> , | 55:24 59:5, 8, | 1:7 3:7, 8, 10, |
| 46:19 59:5 | 11:25 13:14 | 11 65:18 | 13, 24 61:16 | 12, 14, 16, 18, 21 |
| impacts 14:2 | institutionalized | Jean-Guy 2:14 | 70:5, 12 | 6:15, 18 7:14, |
| implement 37:1 | 62: <i>9</i> | job 48:21 51:7, | languages 28:16 | 25 8:1, 3, 9, 18 |
| implemented | institutions | 15 52:17 64:9 | large 32:9 | 9:7 11:6, 9, 24 |
| 64: <i>10</i> | 7:10 9:7 | jobs 51:1 52:23 | Largely 12:1 | 13:5, 7, 22 14:9, |
| implementing | integrated 35:4, | Joëlle 2:22 | 15:2 | 24 15:7 16:4, |
| 24:20 | | 8:11 17:2, 5 | late 61:10 | 25 21:20 22:16, |
| 27.20 | | 0.77 17.2, 0 | | 20 21.20 22.10, |

| 23 25:2 26:15, | Marrocco 2:3 | mentioning | < N > | 46:2 |
|--|--|---------------------------------|-----------------------|---|
| 18, 25 27:18, 20, | 5:3, 5, 25 19:20 | 19:14 39:24 | narrow 29:8, 9 | |
| 24 31:5, 19, 23 | 20:16, 25 24:10 | message 9:12 | Nathalie 4:1 | <0> |
| 33:24 34:7, 22 | 25: <i>9</i> , <i>21</i> 26: <i>4</i> , | 51:2 | necessarily | observe 15:15 |
| 36:2, <i>10</i> , <i>15</i> | 12 34:11 41:25 | met 5:6 | 24:5 30:3 | occur 13: <i>16</i> |
| 39:2, <i>3</i> , <i>9</i> , 22 | 43:21 49:15 | Michaud 2:12 | 36: <i>14</i> 51:6 | offer 22:17 |
| 40:5, 22 41: <i>4</i> | 53:3 54:20 | 6: <i>1</i> , 3 19:4 | 60: <i>16</i> | 27:14 28:4, 21 |
| 43:1 46:19, 21, | 64: <i>18</i> , 22 65:7, | 23:3 26:7 | necessary 43:1, | 35:15, 18 41:15 |
| 24 48:2 49:9 | 12 66:1, 15 | 34:14 43:24 | 2 60:17 61:21 | 53:16 54:2 |
| 50:3, 4 52:9 | 67:17 68:8 | 52:25 53:6 | needed 16:23 | 56:16 57:12 |
| 53:12, 15, 20 | masks 18: <i>12</i> | 66:3, 7 67:24 | 18:3 37:10 | 58:20 62:16 |
| 54:3 55:2, 10, | materials 32:3 | 68:10 | needing 40:17 | 63:8, 15, 17 |
| 23 56:11, 17 | matter 65:23 | million 47:21 | needs 10:13, 21 | 64:10, 11 |
| 58:2, 20 59:12, | matters 66:24 | mind 25:14 | 20:18 22:17 | offering 28:13 |
| 16 60:11, 13 | McGrann 3:10 | 42:6 66:25 | 27:22 30:22 | offers 26:18, 25 |
| 61:7, 24 70:8, 9 | meaning 42:24 | mindful 14:22 | 31:2, 11 42:18 | 27:1 30:4 |
| l'Ontario 2:17 | 45:20 51:3 | 15:12 | 49:2 58:1, 6, 15 | 47:25 63:12 |
| looking 20:5 | means 10:11 | Mine 54:21 | 59:22, 25 | older 52:10 |
| 29:5 31:2 | 16:5 55:25 | Minister 3:6 | NEESONS 69:22 | on[inaudible |
| 52:14 60:11 | 56:2 57:6, 25 | 45:8 | negotiated | 18:22 |
| 68: <i>1</i> | 61:13 | 45.8 Ministry 18: <i>18</i> | 37:21 | ones 30:7 |
| lose 13: <i>18</i> | measures 37:2 | - | networks 38:7 | |
| | | mitigate 33:16 | | one's 13:8 14:2 |
| 15: <i>4</i> , <i>10</i> 66: <i>20</i> , | meat 6:13 | mobile 29:6, 15 | neurodegenerati | one-to-one |
| 22 | media 51:21 | model 34:6 | ve 9:9 | 39:15 |
| loss 8:25 | medical 38:9 | 35:4 36:18 | new 27:17 | one-year 47:13 |
| lost 12:18 | meet 30:22 | 54:4 56:9 | 30:15 32:8 | ongoing 8:10 |
| 28:22 | 42:13 44:20, 21 | models 53:15, | 45:15 47:5, 14 | on-site 18:11 |
| lot 17:14 18:10 | 49:2 51: <i>5</i> , <i>9</i> , <i>1</i> 2, | 21 54:2, 16, 23, | 52:1 | Ontarian 7:12 |
| 19: <i>16</i> 21:2 <i>1</i> | 22, 23, 24 | 24 55:2, 5 | news 23:17 | Ontarians 11:12 |
| 33: <i>14</i> 51: <i>1</i> 7 | MEETING 1:7 | 60:2 <i>1</i> , 22 61: <i>4</i> | nice 53:15 | Ontario 2:11, 13 |
| Lots 33:10 64:8 | 7:9, 17 | moments 13:3 | NICHOLAS | 9: <i>6</i> , <i>9</i> , <i>10</i> 10:8 |
| Louise 3:25 | meetings 11:17 | moms 46:5 | 50:15 | 22:15 23:16 |
| lower 31:21 | Melissa 3:1 | monetary 48:15 | normally 39:15 | 24:18 44:7 |
| 47:17 | 23:4 26:8, 10, | month 44:20 | north 44:8 45:4 | 55:22 56:10, 16, |
| lucky 27:3, 11 | 14 47:5, 7 | 50: <i>4</i> | Northern 64:4 | 22 57:16, 21 |
| Lynn 3:14 | member 12:3 | months 12:18 | northern-eastern | 58:1 59:3 64:5 |
| - | 37:24 | 52:3 | 57:16 | op 68: <i>4</i> |
| < M > | members 11:25 | morale 17:24 | Note 65:3 | open 35:2 68:4 |
| machine 50:24 | 12:10, 11, 17, 21 | morning 5:4 | notes 29:21 | operate 34:24 |
| Madam 66:8 | 16:12 20:15, 17 | 12:24 44:22 | 69:12 | Operations 3:18 |
| made 14:4 | 28:18, 23 30:9 | 45:19 49:1 | noticed 25:20 | operators 7:25 |
| 24:22 69:8 | 55:21 | Morris 2:24 | Notre 18:5 | 8:9 28:4 |
| Mahoney 3:14 | mental 12:9 | 8:16 44:1, 3, 4 | 21:19 | opportunities |
| majority 11:14 | 14:13 17:25 | 50:1, 10 63:10 | no-visit 7:4 | 29: <i>1</i> |
| 20:21 | mentalities | 65:1, 8, 11, 14 | 16:3, <i>21</i> | opportunity |
| making 43:8 | 60:23 | 66:5 | number 8:4 | 7:17 27:7 34:4 |
| 44:22 | mention 27:18 | mother 15:3 | 9:8 14:16 21:7 | 39:16 41:21 |
| managed 39:13 | 28:3 31:4, 17 | move 58:17 | 22:15 25:16, 17 | 60:10 62:10 |
| Manager 17:6 | mentioned 11:1 | 60: <i>17</i> | 30:25 31:8 32:9 | 63:7 67:22 |
| Managing 2:16, | 15:18 20:4 | movement 42:2 | numbers 11:3 | opposed 61:2 |
| | | | | |
| 20 17:21 | 22:6 28:10 | moving 60:12 | nurse 20:21 | option 40:23 |
| mandate 39:16 | 44:25 45:19 | municipalities | 48:9 | 41:1 58:9 |
| marathon 17:8 | 47:5 63:12 | 11: <i>10</i> | nurses 20:8, 11 | options 38:8 |
| March 44:20, 21 | 64:12 67:19 | | nursing 19: <i>16</i> | 40:24 41:2 |
| | 1 | 1 | 1 | 59:16 60:7 |

| 61:17 62:16, 25 | participating | 14:2 <i>1</i> | possibilities | problems 9:15 |
|--------------------------------|---|-----------------------------|---------------------------|--|
| 63:3, 8 | 7:24 | photo 68:4 | 29:8 | 11:1 16:18 |
| order 42:6 | Partner 2:14 | physical 12:9 | possibility 52:18 | 21:12 35:24 |
| orderlies 45:3, | 36:5 | 17:25 35:24 | possible 39:10 | 61:25 66:23, 24 |
| 11 | partners 6:14 | 36:21 | 40:24 52:4 | proceed 5:21 |
| orderly 42:2 | 10:12 63:24 | picture 67:5 | 53:23 61:19 | proceedings |
| 46:3 | part-time 64:11 | pilot 32:12 | 67:6 | 5: <i>13</i> 69: <i>5</i> |
| organization | 65: <i>17</i> | 63: <i>19</i> | post 5:12 | process 43:19 |
| 6:10 7:11 9:25 | patients 9:7 | pionniers 2:22 | post-secondary | profession 48:6, |
| 24:20 39:13 | 54:8 55:16 | 8: <i>12</i> 17:6 | 49: <i>13</i> | 7, 8, 14, 21 65:25 |
| 42:4 | pavilion 54:11 | pipeline 18:18 | PPE 18: <i>1</i> 2 | professors |
| ORGANIZATION | pavilions 54:5 | place 25:6 | practical 46:2 | 46:20, 25 47:2 |
| S 2:9 7:10 | PDG 2:25 | 42:19 45:12 | practices 33:21 | program 18:22 |
| 17:4 29:2 | people 5:13, 19 | 51:11, 12 69:6 | 34:1 | 46: <i>1</i> 63: <i>15</i> , <i>16</i> , |
| organizing 7:13 | 8:4 9:1 10:1 | placed 7:12 | practicums | 22 64:5, 7, 9 |
| orientation 51:4, | 11:24 14:10 | placement | 46:18, 19, 24 | 65:1, 17 |
| 8, 10 | 16: <i>14</i> , <i>19</i> 17: <i>13</i> , | 58:25 59:1, 7, | pre-existing | programs 19:2, |
| Ottawa 26:24 | 20 20:6 21:17, | 23 64:2 | 26:2 | 16 27:5 28:6 |
| 27:21 28:1 44:8 | 23 24:13 30:12 | planning 7:2 | prematurely | 39:13 40:6 52:1 |
| outset 11:4 | 32:10 35:3, 10, | 8:9 53:9, <i>11</i> | 62: <i>4</i> , <i>9</i> | progressed 15:9 |
| 15:8 37:5, 21 | 15, 19 36:12 | 57:14 70:5, 6 | prepare 64:1 | project 35:9, 13 |
| outside 57:21 | 37:4 38:8 39:6, | play 15:22 | prepared 35:16 | 36:8 37:1 |
| overall 57:23, | 7, 8 40:17 42:3, | played 30:17 | PRESENT 3:23 | promote 33:23 |
| 25 59: <i>15</i> | 12, 15, 17, 20 | pleasure 41:22 | 30:3 | promotion |
| 20 00.10 | 45:12 46:4, 11, | plummeted | presentation | 50:25 51:20 |
| < P > | 13 47:9 48:3 | 17:25 | 5:17 6:8 7:21 | 65:24 |
| PAGE/LINE 70:3 | 50:23 51: <i>1</i> , <i>5</i> , | point 8:25 | 25:24 41:23 | proportion 67:2 |
| paid 37:14 64:2 | 12, 13, 23, 24 | 17:19 33:14 | presentations | propose 10:13 |
| Palin 3:18 | 52:3, 8, 10, 14, | 34:16 36:12 | 66: <i>10</i> , <i>12</i> | prospective |
| palliative 38:21 | 15 53:25 60:14 | 39:5, 9 40:10 | presented 53:9 | 46:12 |
| 42:25 | 61:8, 10 64:8, | 60:8, 24 61:18 | PRESENTERS | provide 7:13 |
| pandemic 7:6 | 13 67:2, 25 68:3 | 62:17 | 2:7 | 30:25 32:7, 16 |
| 9:16 11:2, 3, 5, | percent 9:10 | points 28:9 | presenting 34:4 | 35:2, 11, 14, 23 |
| 13 15:16 17:10, | 13:13 22:18 | 34:3, 5 66:6 | President 2:10 | 56:19 |
| 18 18:8 20:8 | 35:8 36:7 37:3 | Policy 3:16, 20 | 3:1 6:9, 20, 21 | provided 66:22 |
| 21:20 25:25 | 54:15 56:17, 18, | 7:4 16:3, 21 | 50:18 | 67:4 |
| 27:7 28:11, 20 | 22, 24, 25 57:15, | Political 2:12 | pretty 38:4 | provider 16:7 |
| 30:8, 18 32:5, 6 | 18, 19 59:15 | 7:10 | prevention 37:2 | 37:8 |
| 33:8, 9, 19 | perfect 64:3 | poorer 10:5 | primary 42:24 | providers 34:17 |
| 34:16 40:8 | persisted 20:2 | popular 45:21 | priorities 56:13 | 42:17 43:13, 14, |
| 45:13, 16 48:20 | 25:13 | 46:3 | prioritization | 18 53:16 60:9 |
| 52:7 60:19 63:7 | person 12:4 | population 10:3, | 58:22 | province 45:15 |
| Paper 10:19 | 14:17 24:4 | 6, 7 27:23 28:1 | prioritized | 50:12 51:16, 18 |
| parallel 50:17 | 35:24 37:16, 22 | 35:7 40:14 | 55:14 58:5 | 57:17 |
| paramedic 48:10 | 42:13 43:4, 6 | 54:16 | priority 25:3, 5 | provincial 45:6 |
| parent 58:10 | personal 43:9 | populations | 55:14 | 50:25 |
| parents 20:18 | persons 25:17 | 33:12 41:19 | proactive 36:11 | publiques 2:15 |
| part 27:4 32:12 | person's 13:25 | 63:8 | problem 14:5 | published 10:22 |
| 39: <i>16</i> 41: <i>5</i> , 6 | perspective | pose 67:22 | 18:4 20:2 | put 24:16 25:6 |
| 43:25 54:22 | 41:18 44:18 | position 17:7 | 21:12 25:13 | 32:14 42:19 |
| 61: <i>13</i> | 61: <i>16</i> 62: <i>12</i> | 26:17 43:11 | 29:11, 23 47:3 | 45:11 58:13 |
| partial 38:3 | 66:20 67:10, 11 | 45:2 <i>1</i> 65:2 <i>4</i> | 48:25 | putting 56:15 |
| participants | phase 53:7 | positions 49:25 | problematic | _ |
| 1:15 3:4 | phenomenon | positive 33:11 | 8:20 | < Q > |
| | | | | |

Long Term Care Covid-19 Commission Mtg. Meeting with the Commissioners and Franco Ontarian Organisations on 12/17/2020

| | 1 . | 1 | | |
|--|------------------------|--|--|---|
| qualified 17:9, | refer 39:6 | 10 37:23 56:3 | < \$ > | 9: <i>11</i> 13:5 |
| 15 18:5, 19 | referred 62:24 | residential 64:12 | sadness 12:19 | 24: <i>19</i> , 23 26: <i>19</i> , |
| 19: <i>17</i> , 24 22:3, | reflects 44:23 | residents 8:21 | safely 18:13 | 25 27:4, 6, 8, 14, |
| 22 28:12 31:23 | regard 33: <i>16</i> , | 11: <i>14</i> 13: <i>17</i> | 35:20 61: <i>19</i> | <i>19</i> , <i>23</i> , <i>25</i> 28:5, |
| quality 8:19 | 17 40:4 | 15:23 16:22 | safety 8:18 | 13, 22 30:4 |
| 40:11 63:16 | region 27:21 | 17:23 18:13 | 29:17, 23 43:3 | 35:3, 5, 14, 18, |
| Quebec 52:2 | regions 22:20, | 20:14 29:18, 19, | Saint-Louis | 23 41:6, 7 43:2 |
| question 8:18 | 21 57:18 | 21 30:15, 18, 19, | 26:20, 23 | 53:9, 12, 16, 19 |
| 18:16 19:21, 25 | registered 48:9 | 24 31:1 33:3 | salaries 46:7 | 54:3, 17 55:7, |
| 23:7, 12, 23 | registrations | 37:18 56:25 | 49:19 | 24 56:19,23 |
| 24:12 25:11 | 64:5 | 59:22 | salary 31:19 | 58:23 59:19, 23 |
| 42:1 49:18 | regular 63:17 | resilient 10:7 | 47:17 52:5, 6 | 62:4 66:21 |
| questions 5:15, | regularly 44:20 | resolved 40:12 | Santedicola | 70:5, 11, 12 |
| 17 23:5 26:6 | 51:5 | resources | 3:24 69:3, 23 | set 6:8 11:20 |
| 27:15 33:5 | re-invest 61:13 | 31:13, 25 32:13, | Scarborough | 38:8 39:14 69:6 |
| 34:10 41:24 | related 6:18 | 23 38:17, 18, 20 | 36: <i>4</i> | share 7:17 |
| 43:23 49:14 | 19:21 20:1 | 44:15 61:14 | schools 45:23 | 28:9 36:17, 24 |
| 53:2, 13 66:8, | remain 12:16 | 62:18 63:11 | 51:4, 22, 24 | 41:8 |
| 14, 17 | remarks 69:8 | respect 21:21 | Science 2:24 | shared 10:23 |
| quicker 32:8 | remember 25:19 | 22:14 24:1 | Sciences 44:4 | shock 13:12 |
| quickly 37:11 | remind 5:19 | 26:8 42:2 45:5 | screen 64:15 | short 6:8 |
| | | | | |
| quite 35:16 | remotely 1:15 | 46:18 48:13 | 65: <i>8</i> , <i>15</i> 67: <i>19</i> , | shortage 21:4, |
| | 63:15 | 50:16 52:1, 8, 9 | 23 68:2 | 5, 15, 25 25:15 |
| < R > | remove 32:15 | 53:20 | screening 38:15 | 28:7 45:2 |
| raised 59:9 | renovations | respected 48: <i>9</i> , | second-to-last | 50:17, 19 56:23 |
| raising 15:17 | 33:15 | 23 | 8:1 | 57:5 |
| rates 14:14 | re-organize | respondents | Secretariat 3:7, | shortages 40:9 |
| reached 36:12 | 28:21 | 59:15 | 9, 11, 13, 15, 17, | 62:22 |
| read 29:20 | repeatedly 61:23 | responsible | 19, 21 | Shorthand 69:4, |
| ready 5:21 | replace 30:17 | 43:15 | sections 26:18 | 12 |
| 35:17, 20 63:1 | 47:7 70:4, 8, 11 | rest 58:8 | sectors 6:17 | shot 67: <i>19</i> , 23 |
| really 12:12 | Report 59:14 | retention 28:12 | 7:5, 24 31:20 | 68:2, 11 |
| 19:25 20:23 | reporter 5:11 | Retired 8:6 | 34:8 54:1 | show 14: <i>4</i> |
| 25:14 29:9, 17 | 18:23 69:4 | retraités 2:17 | select 18:3 | sick 37:14 |
| 30:20, 23, 24 | Reporter's 65:3 | reverts 15:3 | 59:8 | side 44:15 |
| 31:5, 6, 8, 9, 10 | 69:1 | reviewing 33:22 | semesters 63:19 | 51: <i>16</i> |
| 33:19 39:6, 9 | represent 10:1 | Richelieu 49:7 | Senior 3:20 | sight 66:22 |
| 40: <i>5</i> , <i>14</i> 41: <i>17</i> | 22:18 55:3 | 58:8 63:21 64:4 | 12: <i>4</i> 59: <i>11</i> | significant 21:4, |
| 43:16 46:8 | 56:2 <i>1</i> | Richmond 23:15 | seniors 6:11 | 5 |
| 48:24 51:19, 25 | representing | ripe 49:23 | 10:21 16:1, 13, | simply 14: <i>11</i> |
| 60:11 65:21 | 6:11 | risk 10: <i>4</i> 47: <i>10</i> , | 25 56:2 <i>0</i> , 22 | sincerely 41:21 |
| 68:7 | request 10:24 | 18 | 57:20 | single 18:3, 6 |
| reasons 39:4 | require 21:8, 9 | R-lists 44: <i>14</i> | September | Sinha 59:14 |
| receive 66:19 | 33:15 | robust 63:15 | 10:22 63:18 | situation 11:4 |
| received 7:20 | required 32:16 | Rokosh 3:18 | serve 35:6 | 26:2 27:10 |
| 10: <i>17</i> , 24 65:4 | 34:2 62:3 | role 10: <i>10</i> | 55:2 <i>0</i> | 57:9 58:12 |
| recognize 52:8 | requirements | 15:18, 21 30:17 | served 25:7 | situations 14:24 |
| recorded 69:9 | 33:20 | 43:15 | 56:4 | 15: <i>15</i> , 24 26: <i>1</i> |
| recruit 31:19 | research 10:20 | room 36:24, 25 | service 16:6 | skill 28:14 |
| 49:2 50:23 | reserved 54:8 | rose 39:12 | 28:17 34:16 | skilled 20:7 |
| recruitment | residence 11:24 | RPR 69:3, 23 | 37:4 38:16 | 29:24 |
| 28:11 45:17, 22 | 13:8, 15 17:19 | rule 25:2 | 39:18 41:16 | slide 15:17 |
| 46:10 47:2 | 26:20, 23 58:10 | running 17:8 | 56:3 60:8 | 58:18 |
| reduce 33:6 | resident 31:3, 7, | | services 7:3 | small 17:19 |
| | | | 8:3, 9, 13, 14 | |
| L | | | 5.0, 0, 10, 14 | |

| smaller 60:24 | 22 29:1, 5, 7, 11, | submissions | teams 29:15, 20 | tools 24:18 |
|---|----------------------------------|----------------------------------|-------------------------|-------------------|
| smile 68:5 | 14, 24 30:9, 10, | 7:19 | 38:2 <i>1</i> , 22 41:9 | 31:25 |
| social 31:7, 9 | <i>16, 21, 25</i> 31: <i>3</i> , | submitted 27:19 | 42:21, 23, 25 | Toronto 11:8 |
| 33:17 51:21 | 8, 9, 23 32:1, 2, | successes 41:9 | 48:3 59:3 | 35:7 41:13 |
| socialize 30:19 | 8, 15 33:20 | suffering 9:1 | technically 36:9, | 44:8 54:5, 10 |
| software 63:14 | 37:3, 6, 7, 14, 24 | 15:5 | 14 | 55:10 62:19 |
| Soins 2:25 3:1 | 39:11, 12, 17, 20 | sufficient 21:7 | technologies | total 38:1 |
| 26:16 | 41:12 54:9, 13 | 50:2 | 63: <i>14</i> | track 66:21 |
| Solstice 2:14 | 55:5, 15 56:5 | | tele-health 38:8 | train 32:9 |
| | - | suggest 7:7 suitable 24:15 | | 33:20 45:12 |
| solution 53:9 | 59: <i>4</i> | | temporary 35:19 | |
| 58:24 60:20 | stand 14:19 | summary 22:16 | tend 5:15, 17 | 48:3 49:10 |
| solutions 7:7 | standpoint 31:7 | supervise 46:25 | term 6:21 | 50:5 52:2, 17 |
| 10: <i>12, 13</i> 50:20 | start 6:7, 12 | support 8:14 | terms 7:13 | trained 47:9 |
| 53:8 54:18 | 17: <i>18</i> 28:8 | 12:15 31:10 | 9: <i>14</i> 13:7 | 49:12 52:3 59:4 |
| 58: <i>18</i> , <i>19</i> 60:7 | 50:24 51:20 | 35: <i>3, 5, 1</i> 2 37:4 | 18:18 25:16 | training 8:3, 16 |
| soon 11: <i>18</i> | 52:7 53:7 | 40:7 41:7 48:1 | 31:2, 25 40: <i>9</i> , | 19:17 32:2, 7 |
| 29: <i>4</i> , <i>11</i> | started 45:6 | 61: <i>11, 21</i> 62: <i>7</i> , | 11 42:2 56:23 | 44:1, 18 45:10 |
| sooner 62:24 | starting 6:21 | 19 | 57:14 58:23 | 47:11, 14, 18, 22 |
| sorry 18:23, 25 | 64:6 65:17 | supported 62:1 | territory 58:9, 16 | 51:15 52:22 |
| 50:10 | starts 63:18 | supporting 8:2 | test 30:10, 12 | 64:3, 14 |
| sort 23:7 24:14 | stated 41:10 | 15:22 | thanking 41:20 | transcribed |
| sound 64:15 | stay 35:22 | surroundings | thanks 27:13 | 69:10 |
| south 23:16 | 37:16 | 24:12 | theory 63:23, 24 | transcript 5:12 |
| 57:22 | stayed 38:23 | suspect 5:9 | thing 13:6 | 69: <i>12</i> |
| Southern 9:9 | staying 61:18 | system 50:24 | 24:14 43:16 | transfer 36:12 |
| 58: <i>1</i> | stays 36:19 | systems 38:13 | 57:13 62:10 | 40:21 43:1 |
| southwest 44:9 | Stenographer/Tra | systems 50.75 | 67:18 | transferred 36:9 |
| | | <t></t> | things 6:13, 25 | transform 31:5 |
| space 50:2 | nscriptionist | | | 1 |
| spaces 36:24 | 3:24 | table 6:8 11:20 | 32:15 34:24 | transit 36:15 |
| 49:23 50: <i>1</i> | stenographically | 40:18 | 36:17 61:2 | transition 35:15, |
| speak 8:22, 25 | 69:9 | takes 24:20 | 62:13 | 18 36:23 39:1, |
| 12:5 17:12 | step 8:1 33:13 | 32:24 33:2 | thinking 60:24 | 8, 22 61:23 |
| 20:11, 22 22:8 | steps 41:19 | talk 7:1, 3, 4, 6 | third 6:21 18:2 | transitioning |
| 24:15 26:8 | stop 6:19 60:3 | 9:24 13:4 | thought 42:4, 8 | 40:25 |
| 29:12, 19 30:13 | stopped 39:2 | 15: <i>13</i> 23:2 <i>1</i> , 22 | thousand 65:19 | transitions |
| 53:25 63:10 | strategies 18:17 | 27:12 31:24 | three[screen | 35:19 42:16 |
| 67: <i>10</i> | 22:24 23:22 | 48: <i>1</i> 51: <i>4</i> , 9 | 68: <i>11</i> | translate 20:22 |
| speaker 64:17 | stress 9:4 | 52:19 58:20 | time 19:23 | 38:19 |
| speaking 6:19 | 17:17 18:12 | talked 6:25 | 20:6 26:3 | translated 33:1 |
| 13:16 24:13 | 21:2 <i>1</i> 39:25 | 16: <i>10</i> 49: <i>19</i> | 32:2 <i>4</i> , 25 33:2 | translating |
| 44:2 55: <i>4</i> 59: <i>4</i> | stretches 63:18 | 53:7 64: <i>12</i> | 36:6 41: <i>13</i> | 33:13 |
| speaks 20:13 | stronger 11:2 | talking 13:2 | 42:13, 19 43:6 | translation |
| 28:14 57:11 | strongly 38:14 | 15:1 21:5 | 48:18, 19 63:2 | 18:11 32:22 |
| specialized 9:11 | structure 58:21 | 24:25 44:24 | 64:14 66:13 | transmit 46:15 |
| specifically 13:5 | structured | 48:6, 12, 19 | 67:6 68:1,7 | travel 38:10 |
| spokesperson | 22:17 27:13 | 58:18 59:10 | 69:6, 8 | treatment 14:7 |
| 7:11 9:25 | 56:17, 18, 23 | Tan 4:1 | times 12:21 | 38:24 |
| staff 13:16 | 57:12 58:2 | tangibly 24:9 | today 26:22 | triples 49:3 |
| 15: <i>11</i> , 23 17:9, | students 45:17, | tasks 47:12 | 34:20 40:22 | trouble 65:5 |
| <i>12</i> 18: <i>19</i> 19: <i>17</i> , | 22, 25 46:11, 12, | Teachers 50:19, | 44:17 57:19 | true 69:11 |
| 25 20:7, 13, 15, | 20, 21 49:21, 23, | 20 | 59:1 | trying 5:18 |
| 21 21:6, 8, 10, | 25 50:6 64:1 | team 17:21 | told 18:2 | 17:8 21:10 |
| 14 22:3, 4, 7, 22 | studies 14:3 | 29:6 30:11 | tomorrow 59:2 | 30:2 49:4 |
| | 61: <i>14</i> | | | 1 |
| 24:3, 6, 21 | | 42:20 | tongue 15:3 | turn 65:21 |
| 28:12, 14, 18, 19, | study 46:1 | • | tool 25:1 | |

| turned 25:14 | 40:10 60:8, 24 | workers 17:15 | |
|----------------------------|--|------------------|--|
| twelfth 45:25 | 62:17 | 37:4 38:16 | |
| Twelve 11:6 | virtual 32:7 | working 6:4 | |
| Twitter 68:7 | visit 12: <i>1</i> , <i>4</i> , <i>10</i> , | 18:17 41:6 | |
| type 30:15 | 17 | 44:16 49:8 | |
| 31: <i>15</i> 51: <i>1</i> | visiting 37:23 | 52:13 54:19, 21 | |
| types 30:9 | volunteers | workplace | |
| 32:17 54:1 | 30:17 47:7 | 28:19 29:16 | |
| •=••• | | 46:6, 7 49:20 | |
| < U > | < W > | 52:18 | |
| undergo 14:7 | Wages 31:21 | worse 45:14, 16 | |
| understand | wait 19:4 | 46:10, 16 | |
| 14:17 16:20 | waiting 21:17, | | |
| 29:22 55:17 | 18, 23 39:22 | < Y > | |
| 57:13 59:3 | 61:9 | years 10:1, 4 | |
| understanding | walk 14:19 | 12:18 17:7 | |
| 62:8 | wanted 27:17 | 20:5 21:18 | |
| understood | 28:3, 9 31:24 | 26:17 35:2 | |
| 13:24 16:13, 19 | 34:3 40:3 41:8 | 44:12, 16 45:4, | |
| 17:1 58:11 | 53:10 66:6 | 7 48:11 49:19 | |
| 62:12 | 67:19 | 56:21 | |
| underway 18:17 | wants 27:18 | young 50:23 | |
| unfold 6:25 | ward 61:23 | 51:1, 5, 13, 24 | |
| unfortunately | ways 49:5 | 0111, 0, 10, 21 | |
| 20:10 40:22 | 52:14 | <z></z> | |
| 65:18 | website 5:12 | Zoom 1:14 | |
| unimaginable | week 32:11 | | |
| 9:4 | 44:21 | | |
| Union 50:19 | weekly 33:9 | | |
| unique 27:10 | weeks 23:14 | | |
| unit 36:23 | 32:19 44:21 | | |
| units 39:18 | 47:9, 15 63:23, | | |
| unrelated 25:11 | 24 | | |
| | Welland 49:7 | | |
| < V > | 63:20 64:7 | | |
| vaccination | west 27:21 | | |
| 32:12, 17 | White 10:19 | | |
| validated 9:13 | wings 55:11 | | |
| value 48:5, 10, | wish 39:10 | | |
| 12 | wondering | | |
| valued 48:22 | 21:11 42:7 | | |
| variable 9:15 | 49:22 51:14 | | |
| various 6:14 | won't 58:11, 12 | | |
| 7:5 | words 6:12 7:1 | | |
| verified 14:21 | 9:20 40:3 | | |
| VERITEXT 69:22 | work 17:13 | | |
| Vice 3:1 | 18:10, 11, 13 | | |
| video 32:14 | 20:12, 24 22:22 | | |
| 68:3 | 24:8 35:7, 10 | | |
| Videoconferenci | 36:3 37:7 38:7, | | |
| ng 1: <i>14</i> | 21 41:13, 17 | | |
| videos 32:3, 17, | 42:11, 22 46:13 | | |
| 18 | 50:22 51:17, 25 | | |
| view 17: <i>19</i> | 52:8, 14 64:13 | | |
| 34:16 39:5 | worked 37:13 | | |
| 01110 0010 | | | |